



DANCECITY 

Dance for the North East



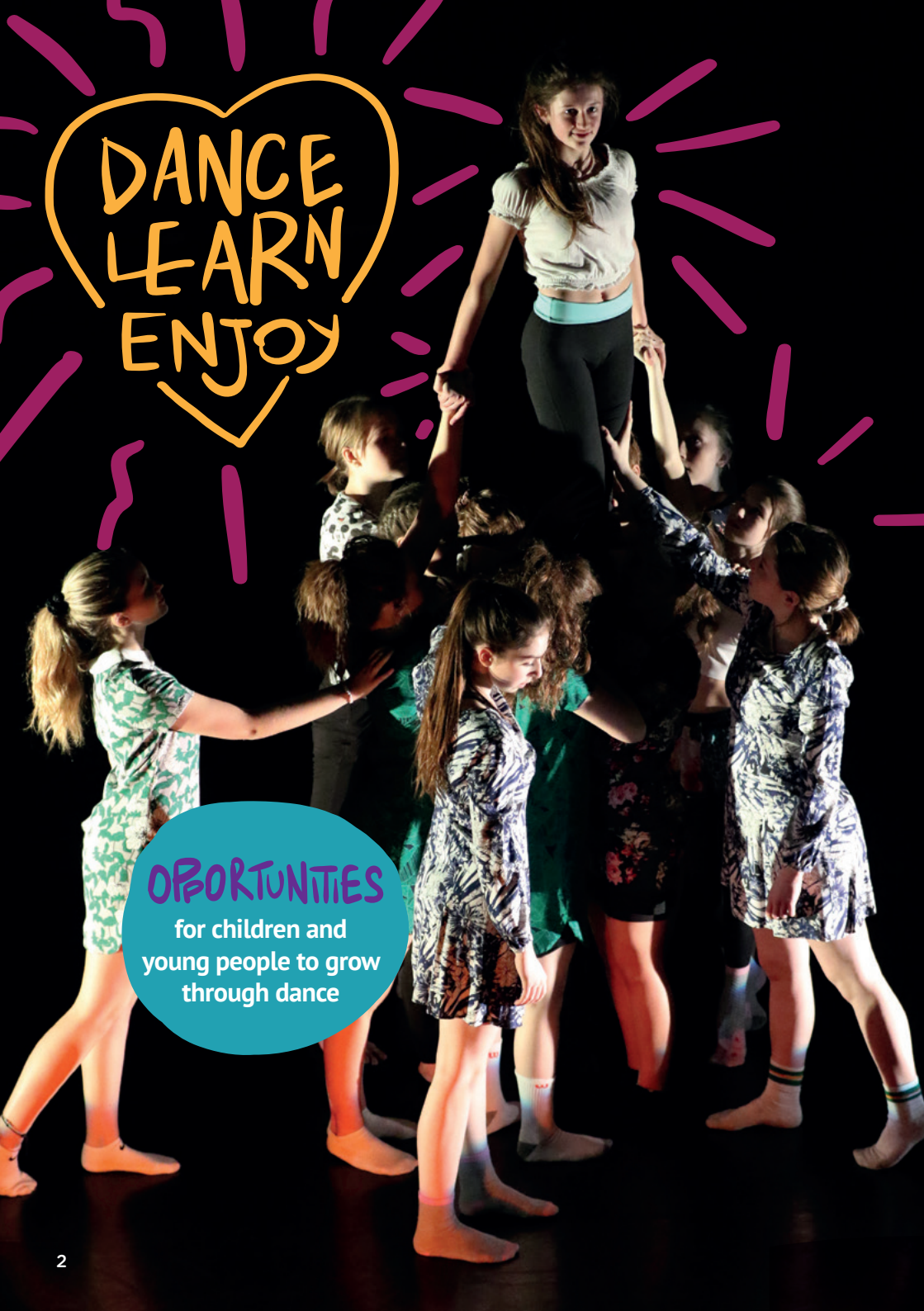
DANCE FOR SCHOOLS & COLLEGES



Inspiring & Creative Dance for all



Keep up to date and sign up for our schools E-news
Simply call our ticket office on 0191 261 0505 or email info@dancecity.co.uk and ask to add your details.



DANCE
LEARN
ENJOY

OPPORTUNITIES
for children and
young people to grow
through dance

WELCOME!

Dance is a fun and highly effective way of getting children and young people active, and dancing at school can start a life-long interest in dance.

There are many benefits to including dance within the delivery of your curriculum. As well as encouraging your students to be physically active, dance can boost confidence and self-esteem, promote creativity and self-expression, develop social skills, promote learning about different cultures and encourage students to work together regardless of ability.

We can deliver one-off workshop sessions or longer term workshop packages to meet your needs.

We can help you to plan and evaluate how dance can support your school development plans and we can offer CPD training for your teachers to enable them to develop their own dance teaching skills. All of our teachers are highly qualified, DBS checked and skilled to give you and your students the best possible experience.



Take the first step in working with us and contact info@dancecity.co.uk
0191 269 5576 • www.dancecity.co.uk

Dance City is the National Dance Development organisation for the North East region and is supported by Arts Council England and Newcastle City Council.

PRICES AND PACKAGES

Workshop Packages	Price
Series of 6, hour-long workshops at your venue.....	£300
Series of 12, hour-long workshops at your venue.....	£580
One-off, 4-hour-long workshop at your venue.....	£200
1-hour-long workshop at your venue.....	£60
2 1-hour-long workshops at Dance City.....	£150
1 hour-long after-school workshop/club at your venue, run termly	£3.50pppw
Min 16 students. Payable in 10-week blocks.	

Professional Development for Teachers (price per session, max group size 15)	
Half Day, 3 hour-long workshop.....	£220
Twilight, 1.5 hour-long workshop.....	£160



Work with
**PROFESSIONAL
Dance Artists**

Arts Awards
There is a cost per participant to take part in Arts Award.
The overall cost depends on numbers taking part.

Professional Development for Teachers (CPD Days)
Do you want to develop your dance skills and increase your confidence in teaching dance? Our CPD days will leave you full of confidence, inspiration and new ideas and will give you the practical skills to help you to inspire young dancers, choreograph movement and prepare them for performance opportunities.



INSPIRE
confidence &
boost self
esteem

NURSERY AND PRIMARY SCHOOLS

Workshops for Nursery and Primary age children can focus on areas of the curriculum and find creative and fun ways of learning together. Our workshops fit seamlessly with the EYFS (Early Years Foundation Scheme) and help children to develop confidence, collaboration and movement skills in a positive and safe environment.

All of our workshop packages can be tailored to meet any additional needs of your students and can be linked to particular subject areas.

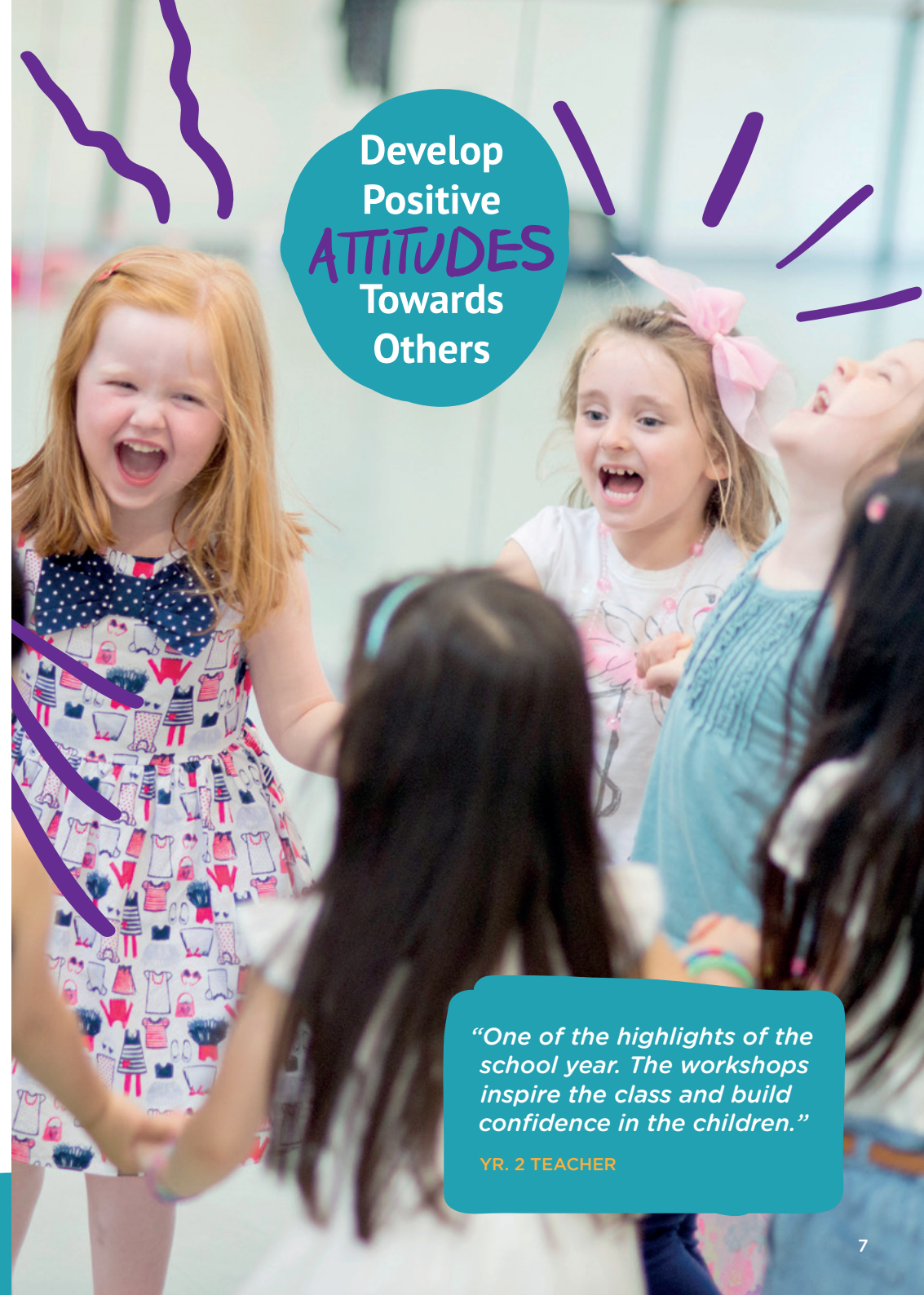
Workshops can be designed to improve knowledge of specific subject areas such as the following:

- **English** – Speaking and listening skills
- **Maths** – Counting and using numbers for simple patterns
- **PSHE** – Taking part in dance with partners and in groups
- **Citizenship** – Developing confidence, responsibility and making the most of each individual's abilities, learning about other cultures and tolerance
- **P.E.** – Mastering basic movements including running, jumping, balance, agility, co-ordination (KS1). Developing flexibility, strength, technique, control and balance and perform dances using a range of movement patterns (KS2)

Improving
SOCIAL SKILLS
including respect
and tolerance
for others



Develop
Positive
ATTITUDES
Towards
Others



“One of the highlights of the school year. The workshops inspire the class and build confidence in the children.”

YR. 2 TEACHER

SECONDARY SCHOOLS 6TH FORM COLLEGES & FE/HE

Taking part in dance contributes to student's physical, social and cultural development. As a physical activity it promotes fitness and well-being. As performers, students develop confidence and self-esteem; and their trust, respect and tolerance of others increases through learning about cultural diversity through dance, working with partners, sharing ideas and physically being in contact with other people.

All of our workshop packages can be tailored to meet any additional needs of your students and can be linked to particular subject areas.

- **P.E.** – (KS3 & 4) Pupils will be taught to develop their technique, perform dances within a range of dance styles and forms, analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.
- **GCSE Dance** – Dance City can work with your students to create your group choreography or to develop into different dance styles.
- **BTEC** – Weekly sessions can support your students to build on their technique and explore different dance styles.
- **Teacher support** – Teachers are invited to observe and participate in workshops to gain more confidence to use dance in their teaching practice and to create their own workshop ideas.

“The dancers and I have had some brilliant times...the workshops have provided me with so much inspiration.”

SECONDARY SCHOOL
DANCE TEACHER



Help Your
Students
SHINE

“The correspondence was excellent and we had a wide range of choices of workshops so it could be tailor made for our school and needs.”

YR. 8 TEACHER

TOP QUALITY DANCE IN SCHOOLS

We adopt Arts Council England's Seven Quality principles for work with children and young people, which are:

The Seven Quality Principles are:

1. Striving for excellence and innovation
2. Being authentic
3. Being excited, inspiring and engaging
4. Ensuring a positive and inclusive experience
5. Actively involving children and young people
6. Enabling personal progression
7. Developing belonging and ownership



Schools who have considered the Quality Principles have found it to be a very rewarding and refreshing approach to delivering an arts and cultural offer within their schools. As a tool, the Quality Principles can help you to:

1. Plan new work
2. Evaluate
3. Engage in self-reflection, staff development and peer learning
4. Review an existing project, programme or area of work

Curriculum
ENRICHMENT
links workshops
to topics of your
choice

Dance City will use the Quality Principles in planning its partnerships and dance delivery with schools.

For practical examples of how the Quality Principles are being used by schools and cultural organisations across the North East visit: www.culturebridgenortheast.org.uk/quality



SPECIAL EDUCATIONAL NEEDS & DISABILITIES



We are very experienced in working with people with different needs and abilities. We provide one-off or longer term dance activities for children and young people with special educational needs and/or disabilities. Whatever your needs, we can work with you to devise a bespoke programme for your school. We can deliver workshops in a range of styles, themed to relate to different subject areas, to develop new skills and to have fun. We can also support your staff to develop their confidence in using dance as part of their teaching practice.

Photography: Tin Arts Group, Pulse Platform, Dance City Theatre

ARTS AWARD

IMPROVE
Team-working
& Collaboration

For Primary, Secondary, SEND
Schools and Colleges.



Arts Award

Arts Award inspires young people to grow their arts and leadership talents as well as develop employability skills: it's creative, valuable and accessible. As an Arts Award Supporter Dance City can help towards accomplishing the criteria for Arts Award.

Arts Award can be achieved at five levels, four of which (Explore, Bronze, Silver and Gold) are on the Qualification and Credit Framework whilst *Discover* is an introductory level. Anyone up to age 25 can take part in Arts Awards. *Discover* starts from age 5, *Explore* from age 7 and *Bronze*, *Silver* and *Gold* open to ages 11 and above.

For more information on Arts Awards visit www.artsaward.org.uk

We offer:

1. Five Free tickets per show for young people working towards Arts Awards.
2. Practical dance workshops with a Dance City professional dance teacher.
3. Question and answer sessions with Dance City professional dancer/dance teacher/producer.
4. Platforms to share work with peers during class, at school assemblies and at Dance City events.

Artsmark

The Arts Council's Artsmark Award has been designed by schools for schools and helps schools to deliver high quality arts and cultural provision. Artsmark can help unlock the potential of children, develop their character and talent, and increase their knowledge and understanding. Artsmark is aligned to the whole school development plan making it an effective tool for delivering school targets.

We can work with your leadership team to support your school's Artsmark journey. Through dance we can build activity programmes, from occasional sessions to whole school involvement across the year. We can respond to and help you to provide evidence of the impact on the spiritual, moral, social and cultural developments of your pupils, identified in School Improvement Plans (SIPs), School Development Plans (SDPs), or similar documents.



To register your initial interest in Artsmark, visit www.artsmark.org.uk.

DANCE CITY LEARNING ACADEMY



Dance City's Learning Academy offers formal, professional dance training at all levels starting from children aged 10 right up to postgraduate level.

Centre for Advanced Training (CAT)

Level 3 (BTEC)

HND Dance Professional Practice

Centre for Advanced Training (aged 10 - 18)

Free Contemporary Dance Workshops (ages 10 - 15)

As part of the recruitment process for the Department for Education's CAT programme we offer free contemporary dance workshops to schools. These workshops are available October - May each year. We hold open auditions in May for entry to the Dance City CAT in September. No previous dance experience is necessary.

The Dance City CAT is part of the Government's National Music and Dance Scheme. Entry to the CAT is by audition only, and we are looking for young people who demonstrate exceptional talent or potential in contemporary dance. We offer students 7 - 11 hours training in contemporary and classical dance each week, including weekend workshops and choreographic sessions.

For more information please contact:
marian.milbourne@dancecity.co.uk / 0191 269 5578



Department
for Education

BTEC & HND Open Days

We hold regular open day events where you can find out more about our courses. Dates for forthcoming events are publicised on our website. If you would like further information to be sent out to you please contact our ticket office by calling 0191 261 0505 or email us at info@dancecity.co.uk

IN PARTNERSHIP WITH
GATESHEAD COLLEGE 

Develop
CREATIVITY
and Self
Expression



DANCE CITY THEATRE

Bring Your School to See Professional Dance Performances

Did you know that Dance City has the biggest programme of professional dance performances outside London?

We present live dance performances by regional, national and international companies in our 250 seat theatre. From companies such as Motionhouse and Jasmin Vardimon Company, who are on the GCSE curriculum, to productions targeting specific age groups, there is something for everyone.

Tickets to performances start at just £8.00 (for under 18's) and all groups get one ticket free in every 10.

We can also provide lunches for you from our on-site café or a space for students to eat their packed lunch.

We're easy to get to in the Centre of Newcastle. We're right next door to Grainger Town car park and there's space to drop off outside.

Details of all performances can be found on our website: www.dancecity.co.uk



Did you know that bringing your school to a performance and writing about it is part of the Arts Award criteria?

Regular Dance Classes

We have over 85 different dance classes every week at Dance City. Our classes are suitable for all ages and abilities including complete beginners. From ballet to break dancing, tap to contemporary we have something for everyone. Visit dancecity.co.uk for full details.

Keep up to date and sign up for our schools E-news

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Dance City is a member of the European Dancehouse Network



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