

**Norman Court Montessori CIC
Food and Personal Hygiene Policy**

Statutory Guidance

Keeping Children Safe in Education:

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/550511/Keeping_children_safe_in_education.pdf

Statutory Framework for EYFS (2017):

http://www.foundationyears.org.uk/files/2017/03/EYFS_STATUTORY_FRAMEWORK_2017.pdf

The Health and Safety at Work Act 1974

The Workplace (Health, Safety and Welfare) Regulations 1992

It is part of employment that all Norman Court Montessori CIC staff members are to maintain high standards of personal hygiene, and take all practicable steps to prevent and control the spread of infection.

To reduce the potential spread of infection Norman Court Montessori CIC do the following;

- Toilets are checked at regular intervals throughout the days and cleaned when necessary.
- During cookery sessions there will always be at least one member of staff that has completed Food Hygiene training.
- Waste is disposed of appropriately and all bins are changed before they overflow.
- Staff are to ensure that children wash their hands before handling food or drink and after using the toilet.
- Cuts and abrasions (whether on children or staff) are kept covered.
- The responsibility for daily cleanliness checks is held by the Setting Manager.
- Dealing with body fluids, spillages of blood, vomit, urine and faeces will be cleaned up immediately in accordance with the Care Routine Policy.

Promoting good health Norman Court Montessori CIC staff will ensure that children in their care uphold high standards of cleanliness in regards to hand washing before handling food or after using the toilet, litter and the equipment they use for the activities.

Norman Court Montessori CIC strongly believes in promoting good health through giving children an opportunity to be active via a wide variety of fun, sporting activities. Each child is encouraged to participate in the wide variety of sports on offer which will not only teach them new skills but will also keep them fit and healthy.

Norman Court Montessori CIC encourages children and their parent(s)/guardian(s) to pack healthy lunchboxes with a balance of food groups and healthy snacks for morning and afternoon breaks. Additionally, Norman Court Montessori CIC advises a refillable water bottle is brought to site each day to keep the children hydrated. A water station is always available for them to fill their bottles/cups from. Norman Court Montessori CIC tries to discourage unhealthy eating by not offering a tuck shop or by offering sweets as prizes or rewards.