



**8th World Congress  
of Biomechanics**  
8-12 July 2018  
Dublin, Ireland



## 8<sup>TH</sup> World Congress of Biomechanics

### DELEGATE JOINING INSTRUCTIONS

Dublin, Ireland: 8<sup>th</sup> – 12<sup>th</sup> July 2018

#### Congress App

Download the Congress app to see all event details and up-to-date information on the Congress! To download the app, please visit your app store and search for "WCB 2018". Before the first use, you will need to download the latest Congress data. This shouldn't take more than a few minutes.

The app will be updated with new information throughout the Congress. You will be notified of updates when you open the app on your device.

You are able to view the Congress programme on the app as well browse sessions, presentations and posters by day, topic & tracks. You can also access venue and exhibitor information and create your own personalised Congress agenda.

Scan the QR code to download the app now!



iOS



Android

#### GETTING INTO THE CITY

Aircoach operates a service, route 700, from Dublin Airport to the City Centre. Just notify the driver where you wish to alight the bus. Tickets are €7 for an adult single and €12 for an adult return and can be purchased from the driver. Tickets may also be pre-purchased online with a small discount offered. (<http://www.aircoach.ie>)

Buses are every 15 mins during peak times and between the hours of 23:55 to 03:25 every 30 mins.

All Aircoach services operate from the front door of both Terminal 1 and Terminal 2 at Dublin Airport. Bus 700 stops in the City Centre and route 702 stops at the Clayton Hotel, Cardiff Lane.

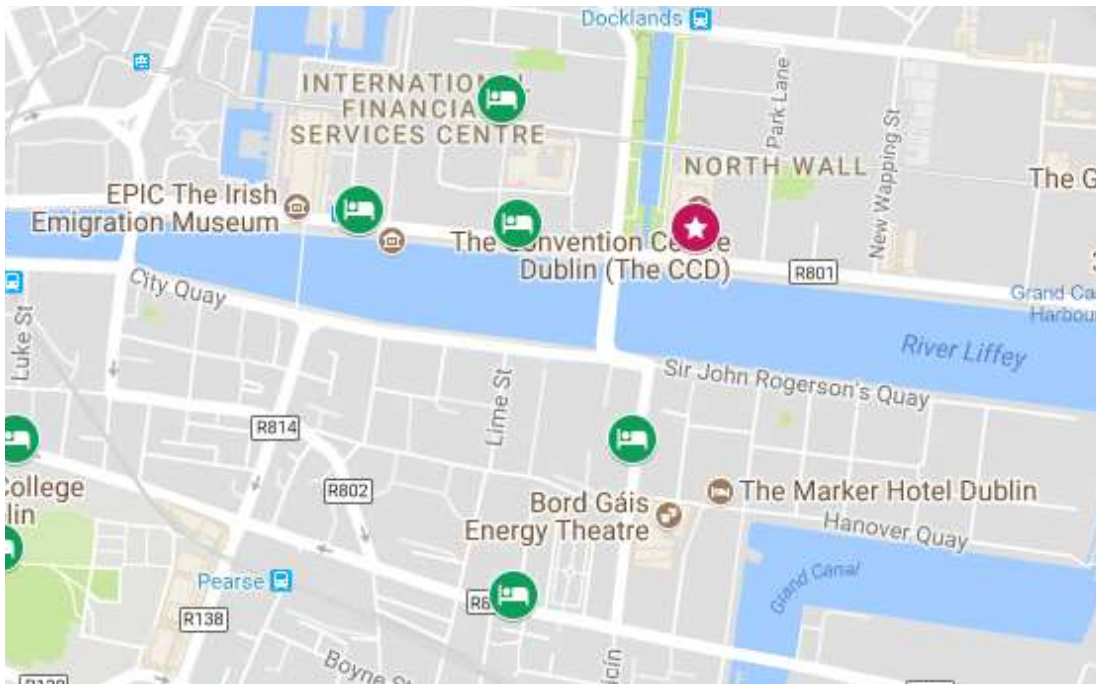
There is also an Airlink Express Bus option which will drop delegates right outside the Convention Centre Dublin. Information can be found at <http://www.dublinbus.ie/Your-Journey1/Timetables/Airport-Services/>. Tickets are €7 if purchased from the driver.

There is a well serviced taxi rank located outside both Arrivals Terminals of Dublin Airport.

#### LOCATION

WCB 2018 takes place at the Convention Centre Dublin (Spencer Dock, N Wall Quay, North Wall, Dublin 1, D01 T1W6) which is located in the heart of the city and about 13km from Dublin Airport. For more details on travel information, please [click here](#). If you are travelling by car, there is an underground car park available at the CCD. For more information, please [click here](#).

Click on the map for further details.



## PROGRAMME

A printed programme overview will be available to all delegates upon arrival. You can download this programme by [clicking here](#). However, due to the large number of talks at the Congress the printed programme will not contain a list of all presentations in each session, so we encourage you to familiarise yourself with the [online programme](#) and/or Congress app so you can identify your sessions of interest and maximise your time at the meeting.

Full abstracts are available to view on the online program as well as the option to download detailed information on individual sessions.

## PRESENTATION GUIDELINES

We would kindly ask all presenting authors to make themselves familiar with the presentation guidelines which can be viewed [here](#).

## REGISTRATION

All attendees must be registered to attend the Congress and are required to wear their badge at all times. Reserved tour and social event tickets will be given at the same time as the delegate name badge. Care should be taken with these tickets as replacements cannot be issued. The main registration desk in the ground floor lobby of the Convention Centre will be open at the following times:

<b>Sunday, 8<sup>th</sup> July</b>	13:30 – 19:00
<b>Monday, 9<sup>th</sup> July</b>	07:30 – 18:30

<b>Tuesday, 10<sup>th</sup> July</b>	08:00 – 18:30
<b>Wednesday, 11<sup>th</sup> July</b>	08:00 – 18:30
<b>Thursday, 12<sup>th</sup> July</b>	08:00 – 17:00

## **SPEAKER READY ROOM**

All presentations must be dropped to the speaker ready room, Liffey Meeting Room 5 on Level 1. Presentations should be supplied to the AV technician in the room as soon as possible but a minimum of 24 hours before your presentation time apart from speakers on Sunday and Monday morning who should adhere to the timetable below.

Please note, it is not possible to load the presentations in the meeting rooms, they must be brought to the speaker ready room to be loaded centrally.

We request that speakers presenting later in the week do not upload their presentations on Sunday afternoon to allow Sunday/Monday morning presenters access to the Speaker Ready room.

For speakers presenting on

Sunday, 8th July at 14:30 – please drop your presentations to the Speaker Ready room between 12:30 – 14:00.

Sunday, 8th July at 16:30 – please drop your presentations to the Speaker Ready room between 14:30 – 16:00.

For speakers presenting on Monday, 9th July at 09:55 - please drop your presentations to the Speaker Ready room on Sunday between 16:30 – 18:30.

## **SPEAKER READY ROOM OPENING HOURS**

The speaker ready room will be open for the following hours:

Sunday, 8th July 12:30 – 19:00

Monday, 9th July 07:00 – 18:30

Tuesday, 10th July 07:30 – 18:30

Wednesday, 11th July 07:30 – 18:30

Thursday, 12th July 07:30 – 16:30

## **SOCIAL EVENTS**

Tickets to all social events are limited due to venue regulations and capacities. Tickets had to be booked as part of the online registration process and are included in your name badge. Please be aware that you will only be granted access to the event with your ticket.

**Please note that all social events are strictly over 18s only.**

### **Welcome Reception**

The 8<sup>th</sup> World Congress of Biomechanics Welcome Reception takes place on Monday, 9<sup>th</sup> July at 18:45 in the Convention Centre Dublin. The dress code for the event is Smart Casual. **The ticket price is included in the registration fee and no printed ticket is necessary to gain entry for this event.**

### **BEDrock Concert**

The BEDrock Concert takes place on Tuesday, 10<sup>th</sup> July at 19:00 at the Academy (57 Middle Abbey Street, Dublin). The dress code for this event is Casual. Tickets for this event are sold out and if you have booked a ticket during the online registration process, your ticket is included in your name badge. **If you have a ticket but will not attend the concert, please return your ticket to the registration desk for redistribution. Tickets will be required for entry. Please note this event is strictly over 18s.**

### **Congress Party**

The Congress party takes place on Wednesday, 11<sup>th</sup> July at 20:00 at the Guinness Storehouse. The dress code for this event is Smart Casual. If you have booked a ticket for this event during the online registration process, it will be included in your name badge. A bus transfer from the Convention Centre Dublin, as well as from the official Congress hotels will be available to all ticket holders. Transfers from hotels are for delegates who made their reservation through the online registration form only. All other attendees should come to the CCD for their transfer. Buses will have the WCB 2018 displayed in their front window.

<b>Hotel</b>	<b>Collection Point</b>	<b>Time</b>
Delegates leaving from CCD	CCD	7.30pm first departure
IFSC Apartments	CCD	8.10pm last departure
The Spencer Hotel	The Spencer Hotel	7.30pm
Hilton Garden Inn	Hilton Garden Inn	7.30pm
The Gibson Hotel	The Gibson Hotel	7.30pm
Clayton Cardiff Lane	Clayton Cardiff Lane	7.30pm
Clayton Burlington Road	Clayton Burlington Road	7.15pm
Ballsbridge Hotel	Ballsbridge Hotel	7.20pm
O'Callaghan Davenport	The Alex Hotel	7.25pm
O'Callaghan Mont Clare	The Alex Hotel	7.25pm
Trinity College	The Alex Hotel	7.25pm
Grand Canal Hotel	Grand Canal Hotel	7.30pm
Maldron Pearse St.	Maldron Pearse St.	7.35pm
Trinity City Hotel	Trinity City Hotel	7.40pm
DCU All Hallows	DCU All Hallows	7.15pm
The Address	The Address	7.25pm
The Gresham	The Gresham	7.30pm
Jurys Inn Parnell	Jurys Inn Parnell	7.35pm

*This timetable can also be viewed at your hotel reception or next to the registration desk at the Convention Centre.*

### **OPTIONAL TOURS**

The 8<sup>th</sup> World Congress of Biomechanics is delighted to offer the following optional tours. If you booked a ticket during the online registration process, it will be included in your name badge. Please note that the voucher for the

Hop On/Hop Off Bus has to be exchanged for your ticket at the Tour Desk in the Convention Centre.

- Hop On/Hop Off Bus – every day
- Dublin Walking Tour – Monday, 9<sup>th</sup> July at 9.30am
- Newgrange and Hill of Tara – Tuesday, 10<sup>th</sup> July at 9.30am
- Glendalough and Powerscourt – Wednesday, 11<sup>th</sup> July at 8.30am
- Malahide Coastal Tour – Thursday, 12<sup>th</sup> July at 9.00am

You are reminded that Ireland has a mild and temperate climate, [click here](#) for current weather reports. Please ensure you wear flat and comfortable shoes, as walking will be required. You are reminded to have suitable clothing in case of rain.

## ACCOMMODATION

If you have made a hotel booking in one of the recommended Congress hotels, your booking will be held under your name and no confirmation number or voucher will be necessary for check-in. Please check-in at the main hotel reception. Check-in time is from 15:00. Check-out time is prior to 12:00 (noon) on the day of departure in most hotels.

For **Trinity College**, please note that the check-in and key-collection take place at: Accommodation Office Trinity College, West Chapel, D02 DUBLIN

For **DCU All Hallows**, please note that the check-in takes place at: Purcell House, Grace Park Road, Drumcondra, Dublin 9, D09 N920. Find DCU All Hallows map [here](#).

For **IFSC Apartments**, check-in is at the 24 hour central office at Mayor Square, Lower Mayor Street, Dublin 1. A member of the team will walk you from there to your apartment.

## ELECTRICITY

Delegates are reminded that Ireland has a 220V, 3 plug system, matching the UK system but differing from mainland Europe. Travel adaptors may be required.

## PRINT SERVICES

If you wish to print your poster or other documents, the closest print shop is located at:

### Snap IFSC Printing Services

Unit 1, National College of Ireland

Mayor Street Lower

I.F.S.C.

Dublin 1

D01 Y300

T: 01 672 0199

E: ifsc@snap.ie

## **INTERNET ACCESS**

Wi-Fi access is available throughout the Convention Centre Dublin.

**We look forward to meeting you in Dublin!**

8<sup>th</sup> World Congress of Biomechanics

c/o Keynote PCO

Tel: + 353 14003611

Email: [registration@wcb2018.com](mailto:registration@wcb2018.com)