We believe in the extraordinary potential of older adults.

# Never in human history have so many lived so long.

Thank you science, technology, education and prosperity.

#### Now what?

How can society benefit from this growing abundance of wisdom, resilience, perspective, talent and creativity?

We believe in the extraordinary potential of older adults.

That's why we create vibrant communities where they can thrive and participate, know that their contributions are valued, and enjoy access to opportunities and support that help them keep making a positive difference in our world.

People are living longer. We're working to help them live *better*.

Atria is among the largest senior living providers in North America, serving more than 21,000 residents in 182 communities in 27 states and seven provinces.

We offer three distinct living options:

*Independent Living* for those desiring an active lifestyle without the burdens of maintaining a home

*Assisted Living/Supportive Living* adds discreet, personalized care for those requiring medication reminders, assistance with activities of daily living and other care services

*Memory Care* provides innovative, specialized care for those living with Alzheimer's or other forms of dementia, in a comfortable, secure environment



# The most discerning older adults and their families choose Atria.

The following pages will show you why.



# We strive to uphold the highest quality standards in the industry to provide better service.

Behind the warmth and welcome of every Atria community are pages of protocols and metrics that comprise our internal Quality Enhancement (QE) program. In addition to government-led reviews, Atria communities undergo unannounced reviews conducted by our QE team, a group of national experts with more than 130 combined years of experience in the industry. Led by our Chief Quality Officer – who reports directly to Atria's Board of Directors to ensure unbiased reporting and accurate results – the QE team uses a comprehensive tool that reviews aspects of daily life in our communities.

#### **Customer Satisfaction Surveys**

We also conduct regular customer satisfaction surveys, and the feedback we receive from our residents and families tells us what's working well and where we need to improve. Continually looking for ways to enhance the services we offer is just another way for us to follow through on our promise to put quality above all else.

#### Resident Assessments

In our communities that offer care services, each resident receives a thorough assessment from a licensed nurse of their physical, emotional and functional status prior to move-in, 30 days after move-in and every 90 days thereafter. Additional assessments are performed as needed, based on caregiver recommendations or a perceived change in condition. These assessments help us see that our residents receive appropriate care and are among the factors we consider in determining and monitoring staff levels.

#### **Regulation and Oversight**

Regulation and oversight are welcome at Atria – we know they're essential to helping us deliver better service to our residents and their families.

Playwright, Professor and Atria Resident

Our residents are known as the Greatest Generation for a reason. They're accomplished, cultured, active and connected. They recognize the value of their experience and want to share it. They have well-earned high standards. They derive a sense of purpose and belonging in the company of others.

For these extraordinary men and women, we offer dynamic environments where they can continue to live independently with discreet support if they need it, and ideal locations that make it easier to stay involved in the communities they love.

Atria communities are based on a social model, not a skilled nursing model. More than 60% of our residents are independent or only require medication reminders.

And since we offer the flexibility of privatepay rental apartments with no long-term commitment, our residents can, and do, choose us again and again. Our quality as a company can be measured by the quality of the people who choose to call us home.

> Vanita Simmons Globe-trotter, Dedicated Wife and Atria Resident

We collaborate with our residents to create more meaningful daily experiences. Engage Life<sup>®</sup> – our signature events program – reflects our philosophy as a company. Our residents are people of action and service. Our job is to facilitate their goals and support them as they continue to learn, grow and make a difference.

Through our Resident Discovery Survey, we ask each new resident 47 specific questions. Each community's Engage Life Director then draws inspiration from their answers to develop opportunities for joy, growth and fulfillment tailored to their interests. We ensure that each event on our calendar fulfills at least one of eight key dimensions of engagement:

- Lifelong Learning
- Health & Fitness
- Entertainment & Fun
- Connection
- Inspiration & Spirituality
- Personal Achievement
- Creative Expression
- Civic Engagement

We also encourage our residents to stay active and involved by leading classes and events related to their expertise and lifelong passions.

### Al Ladine Engineer, Man Cave Founder and Atria Resident

www.atriaseniorliving.com/mancave



We create delightful dining experiences based on our residents' personal tastes.

Some of life's best moments happen around the table. Dining well in the good company of friends and family is essential to wellbeing at every age. That is why we place a high priority on encouraging our residents to gather with their neighbors to enjoy delicious meals they won't want to miss. That means taking time to learn their individual preferences. Creating unique, flavorful menus with a variety of healthy options to choose from every day. Making nearly everything from scratch and using fresh, seasonal, local ingredients. Presenting it all with full table service. Spicing things up now and then with chef's table events, master cooking classes and visits from guest chefs. And accommodating special dietary requirements.

Directing the show in Atria kitchens are chefs trained at schools including the Culinary Institute of America, Le Cordon Bleu, George Brown College or Johnson & Wales. Of course, many of our residents are gifted cooks in their own right – and we often prepare their cherished family recipes for the whole community to enjoy together. Atria CULINARY EXCELLENCE

CULINARY

We are leaders in the national conversation on aging and longevity. Our drive to better serve our residents leads us to continually identify and partner with key thought leaders and researchers to develop innovative programs and care.

Our initiatives include:

 Teaming with equal rights champion Billie Jean King to promote the benefits of being active, staying connected and supporting each other as we age.

www.atriaseniorliving.com/billiejeanking

 Conducting a pilot study with Columbia University's International Longevity Center, whose results suggest that older adults in congregate living settings have a greater sense of well-being.

www.atriaseniorliving.com/wellbeingstudy

 Sponsoring the groundbreaking PBS special Younger Next Year: The New Science of Aging, a discussion of research that shows physical and social engagement can reverse the effects of aging.

www.atriaseniorliving.com/youngernextyear

Collaborating with the International Council on Active Aging<sup>®</sup> (ICAA) in their *Changing the Way We Age*<sup>®</sup> campaign – and winning three ICAA Innovators Achievement Awards since 2011.

www.atriaseniorliving.com/icaa



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Billie Jean King Atria's Active Aging Ambassador

# We're committed to serving our residents' great-grandchildren, too.

That's why we consistently invest in improving the sustainability of our communities to ensure a healthier planet for future generations.

Our green practices include:

- ENERGY STAR<sup>®</sup> appliances
- Low-flow plumbing fixtures
- Energy-efficient lighting and windows
- High-efficiency HVAC systems
- Earth-friendly paint, carpet and wood
- Ecological housekeeping and landscaping methods

We are a proud member of the U.S. Green Building Council<sup>®</sup> and, to date, 10 Atria communities have earned or are seeking LEED<sup>®</sup> certification.\*



ENERGY STAR® is a registered trademark of the U.S. Environmental Protection Agency. USGBC® and the related logo is a trademark owned by the U.S. Green Building Council® and is used with permission.

\*LEED<sup>®</sup> – an acronym for Leadership in Energy and Environmental Design<sup>™</sup> – is a registered trademark of the U.S. Green Building Council and is the preeminent program for the design, construction, maintenance and operations of high-performance green buildings.

Our employees often tell us their greatest job satisfaction comes from the opportunity to serve and support our residents. While we are accustomed to hearing this, it is something we don't take for granted.

Through comprehensive development, recognition and support programs, we are committed to making Atria the workplace of choice for professionals who demonstrate exceptional skill, creativity, work ethic and compassion.

## Training

We invest millions of dollars in thousands of hours of frontline employee and manager training each year. Stringent annual training requirements apply to all Atria care staff, with our Life Guidance<sup>®</sup> memory care staff receiving additional, specialized training in dementia care every year. Those who dispense medication must also pass our annual medication competency exam.

# Employee Leadership Summit (ELS)

One of our most successful and inspiring programs, ELS is a multi-day training and development workshop offered to exemplary hourly employees who have been nominated by community leadership.

## Atria Rewards\*

Through one of the industry's most valuable recognition programs, we offer financial rewards for service longevity and achievement in customer satisfaction and quality. Since 2007, we have paid out more than \$63 million to our employees.

## Ronnie Boatman Scholarship

To honor the memory of an inspiring former employee, Atria awards at least one four-year college scholarship annually to the dependent of an hourly employee. To date, we have awarded \$309,000 to 43 students.

## Tuition Reimbursement

Full-time Atria employees attending an accredited college or university are eligible to participate in the tuition reimbursement program after completing six months of service. So far, we have paid out more than \$2.9 million in tuition reimbursement.

## ► Atria Cares<sup>™</sup>

This employee-funded, registered 501(c)(3) internal charity provides grants – not loans – to hourly frontline employees who have experienced a traumatic or catastrophic event causing extreme financial hardship. All administrative costs are funded by Atria. More than \$1.2 million has been disbursed by Atria Cares to 1,500 employees. We know that to be the best place to live, we must also be the best place to work.

> Edith Kolton and Wendy Winnick-Baskin Atria Resident and Her Community's Executive Director

# We do it better because we do what's right.

Over the past decade, the industry landscape has evolved in three simple yet significant ways.

There are more options than ever. There are many more providers of services. And there is more awareness of, and access to information about, these options.

This is all excellent news for older adults and their families. Options are good. But they do not eliminate the issue of uncertainty; in fact, they can exacerbate it. Is this the place where I can live my best life? Can I trust these people? Am I choosing wisely? We work to remove doubt and add clarity and confidence for families.

#### How?

By focusing on what we do best – promoting independence through community living. By understanding what matters to our residents and families, and then striving to exceed their expectations. By constantly evaluating and improving our service. By making our name synonymous with quality. By leading the national conversation on aging.

By helping older adults achieve their extraordinary potential.

Atria Senior Living

Mary Nagle TV Personality, Textile Executive and Atria Resident

#### RECOGNIZING THE CHALLENGES OF AGING, WE ARE DEDICATED TO ENCOURAGING A FULFILLING LIFESTYLE AND PROMOTING INDEPENDENCE.

Exceptional service for our residents Growth, development and rewards for our employees Viability for the long term for our company

We listen. We engage life with pride, professionalism, creativity and fun.

We strive to enhance lives and exceed expectations every day.