



PLANT FOR PEACE

The act of planting something in the ground for peace, coupled with a clear, sincere intention is a sacred act and a simple way of creating a beautiful, meaningful and memorable occasion. Here are several ideas which have a particular resonance with peace and you can explore finding your own such as a rowan tree, symbolic of serenity and protection or research some of the fragrant garden herbs such as sage or lavender.

Olive Tree

The olive tree is a universal symbol of peace and is particularly associated with the act of forgiveness. Olive oil has long been considered sacred and was used to anoint kings and athletes in ancient Greece. The oil was burnt in the sacred lamps of temples as well as being the "eternal flame" of the original Olympic Games. Victors in these games were crowned with olive leaves. Olive oil is still used in many religious ceremonies as an emblem of benediction and purification.

Japanese Maple

The Japanese maple has a rich history of symbolism and has played an important part in Asian art, gardening and even poetry for hundreds of years. Considered a symbol of grace by many Asian cultures, the Japanese maple is associated with peace and serenity and represents balance and practicality. They are called "Kito" in the Japanese language, which means "calm," "rest" or "at peace."

Rose

Roses are ancient symbols of love and beauty and have been woven into our cultural heritage by many societies down the ages in a variety ways. The rose was sacred to a number of goddesses (including Isis and Aphrodite and is often used as a symbol of the Virgin Mary. The ancient Greeks and Romans identified the rose with their goddesses of love, Aphrodite and Venus. Since the earliest times, the rose has been an emblem of silence. In Greek Mythology, Eros presents a rose to the god of silence.

About The 'Peace' Rose

In 1945 Peace roses were given to each of the delegations at the inaugural meeting of the United Nations in San Francisco each with a note which read, "We hope the 'Peace' rose will influence men's thoughts for everlasting world peace."

Light Up Our World