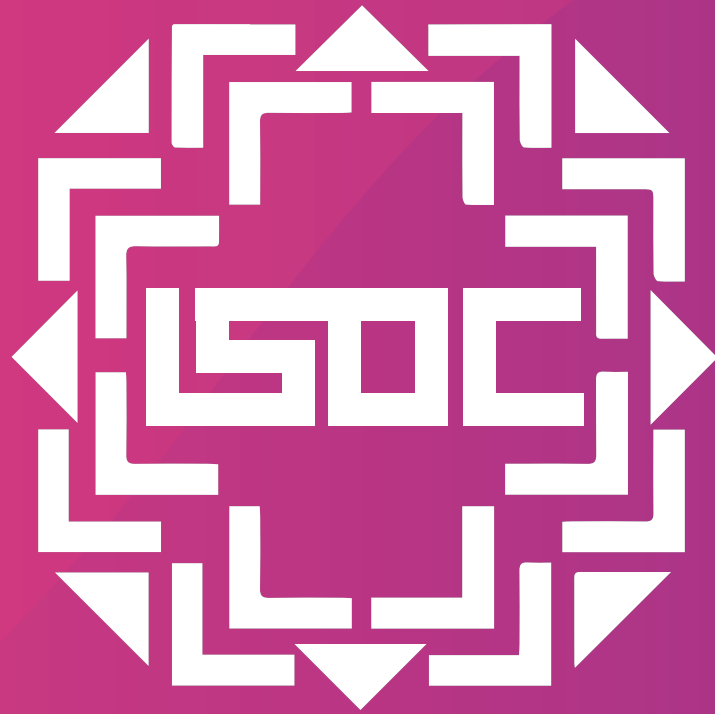


UNIVERSITY OF MANCHESTER
ISLAMIC SOCIETY

FRESHER'S GUIDE

University of Manchester **Islamic Society**

Welcome to **The Ultimate Survival Guide** - Here you will find out everything you need to know for a **halal** and **stress-free** start to your new student life.



UNIVERSITY OF MANCHESTER
ISLAMIC SOCIETY

WWW.MANCHESTERISOC.COM

WELCOME TO MANCHESTER

Congratulations on making it to the University of Manchester (UoM)! We would like to offer you a **warm welcome** to this amazing city, prestigious university and most importantly, the vibrant muslim community across campus.

University is a critical time for all people, it's the **first page of a new chapter** and a time where we find ourselves developing in ways we can't have imagined. It gives us the opportunity to make **lifelong friends** and share **unforgettable experiences** and we hope that here at the ISoc we can facilitate this inshallah.

We ain't gonna lie to you, Manchester (aka mcr, manny, 0161, the rainy city) is where the sesh is at. **Being the biggest society on campus**, the University of Manchester Islamic Society (UoM ISoc for short) hopes to enhance your student experience by creating a hub to make friends and have fun in a **halal environment**. It's a place where you can increase both your academic and islamic knowledge, get involved with activities and charity work and ultimately a place where you can try and **gain the pleasure of Allah (swt)**.

Starting university is a pretty **daunting experience**, especially if you are new to the city and even more so if you are new to the country. So us, the University of Manchester Islamic Society, have put together a **handy little fresher's guide** full of tips and tricks that should hopefully settle you in. We wish you a pleasant stay in Manchester, all the best in your studies and we look forward to meeting you at all of our events bi'thnillah!



Welcome, to our old friends, our new friends, the people we'll force to be our friends. Welcome all! Welcome to a university of boundless opportunities and society of endless experiences! ISoc has the potential to be a huge part of your life, will you let it?

Atifah - 3rd Year Dental Student



ISoc is one of the most active student societies at Manchester. In my experience, they work hard to support the Muslim student community. I would say that they are also an open and inclusive society that adds so much value to the University. I always welcome the opportunity to work with them.

Patrick Johnson
Head of Diversity, Equality and Inclusion
University of Manchester



The most note-worthy thing about ISoc for me has been the warmth and togetherness I have experienced. When the long winter evenings made everything look bleak, the approachable nature of the people I met through ISoc brightened up my student life. When the beautiful summer days stretched out before me, the lectures organised by ISoc motivated me to manage my time effectively as a student, so that I could gain worldly and spiritual knowledge of benefit. ISoc has kept me grounded and given me a plethora of good times! Let it do the same for you!

Minahil - 3rd Year Medical Student



This is going to sound clichéd but I'm gonna say it anyway because its true and I've experienced it first hand... ISOC IS THE motive at uni. If you wanna have experiences for life, stay close to Allah swt and be surrounded by amazing people make sure you come down and meet us at all our events!.

Aziz - 2nd Year Medical Student



TRANSPORT

Getting around Manchester is **pretty easy**. It has wonderful **bus**, **tram** and **train** links.



- 1 If you're going to be using the bus everyday, you should deffo consider buying a **StageCoach unirider ticket**; it will save you bare dollar! The unirider ticket costs £250 for the whole year and it will let you use almost every bus in the area. It might sound like a huge purchase for the beginning of the year, but look at it as an investment. You can buy this ticket on the StageCoach website, or in the Students Union and you'll need your **student ID card**. Make sure to keep your **receipt** in case you lose your pass!
- 1 If you don't think you'll be a frequent bus hopper and will just use the bus occasionally (i.e. to go central), the **142 route** by the Magic Bus runs from East Didsbury to Manchester Piccadilly Station, **for only £1.50**. Make sure you download the StageCoach App!

1 If you need to quickly travel from **south to north campus** (shout out the engineering mandem), The **Magic 147 bus** offers **free travel** for University of Manchester staff and students between the Sackville Street and Oxford Road areas of the campus. The buses run every ten minutes throughout the day, Monday to Friday between 7.15am and 6.15pm. Just show the driver your **Student ID** and enjoy the ride!

1 Manchester's tram service, the **Metrolink**, runs frequent services to Altrincham, Eccles, Bury, Rochdale, East Didsbury and Ashton-Under-Lyne. Shout out to all the students who are from Manny (the struggle is real!!) The Metrolink runs a service to the Trafford Centre and the famous Media City, have fun **exploring Manchester!!** The nearest station to the University is St Peter's Square; alight here and then walk down Oxford Street, which becomes Oxford Road. I would deffo recommend taking the tram at least once during your time here at Manchester; something to tick off on your **to do list**.

1 Finally, the final mode of transport is the **famous taxi**. If you feel like splashing out on your student loans, or have 5 minutes to get to your important tutorial, whip out your mobile device and request an **Uber**. Quick, straight to your destination and sometimes if you split the price between your friends it can be way cheaper than a bus. #FinanceHacks101

1 If you plan on **cycling** to Uni, we strongly advise to lock up your bike securely using a **D-Lock**, and keep it in a safe, well-lit location. It's a bit peak up here ngl to you! The University of Manchester sells **subsidised bike locks** on the Manchester University Online Store. To qualify for a subsidised lock, you'll first have to register your bike for free with the University. You can also do this online. Check out the uni website for more information on buying bikes and safe places to store on; <https://www.manchester.ac.uk/discover/maps/travel-by-bike/>



HAIRCUTS

You've moved to a new city; unfortunately its time to **cheat on your barber**. There are many **barber shops** and **hairdressers** conveniently situated close to Uni.

For the MANDEM

- If you're looking for a decent and reliable trim, look no further than **Scissor Cuts** on **Wilmslow Road** (aka the Curry Mile). Banging service, decent price, may Allah bless the Kurds!

For the SISTERDEM

- We would recommend **Sabiha's Hair and Beauty Salon**, located on **Wilmslow Road** (aka the Curry Mile). They offer many services for a great value!

*Mandem is a slang term refers to a group of males and sisterdem refers to a group of females

PLACES TO VISIT

A city of swagger and spirit, history and heritage, fashion and football, Manchester is known as the **“Capital of the North”**. Explore this bustling city; from its boujee coffee shops to beautiful parks.

- Being a student means that you can be on a tight budget; but that doesn't mean you can't have **fun!**
- Visit the countless number of free entry **museums** and **art galleries** found on campus and around Manchester. We recommend the **Manchester Museum** (home to a giant T-Rex) and the **Whitworth Art Gallery** (pictured at the bottom) containing a newly opened Islamic Textile Exhibit and a beautiful little glass cafe facing the park. Make sure you check it out!
- When the sun is out, explore the **parks** found all around Manchester. Near university we have Whitworth Park (opposite Lidl) and Platts Field. If you're able to travel further visit Alexandra Park or Alderly Edge!



- Take the 250 bus and head out of town to The **intu Trafford Centre**, the largest indoor shopping centre in all of Manchester. Containing everyone's favourite brands, go there and check out all the flash sales! Stop for a munch at the extravagant food court, showcasing cuisines from all across the world.
- For those who are more of a big day out shopper why not catch the latest blockbuster at ODEON IMAX or go deep underwater at SEA LIFE? Have a quick game of mini golf, beat your friends at a competitive game of laser quest or even ski down the longest indoor ski slope; we are sure you will have an **action-packed day!**

- Take a **bus** into the centre of town and from there you can discover the vibrant streets and quirky cafes of the **Northern Quarter** and the **Printworks District**. If you need to buy any study supplies, clothing or a fresh pair of trainers, head towards the **Arndale Shopping Centre** and explore the shops and surrounding regions; there is so much to do!
- From Manchester Piccadilly take the **Metrolink** towards **Media City** and visit the **Salford Quays** (pictured left). Adventure around the **BBC** and **ITV studios**, walk through the Blue Peter Gardens and peek into the Imperial North War Museum. Enjoy the cool breeze by the quay and then make your way to **The Lowry**, where you can find huge theatres, galleries and a massive **shopping outlet**; find yourself some absolute bargains!
- Whether you are a Red or a Blue, there is something for you! Home to the **Etihad** and **Old Trafford**, each offer Club and Stadium **Tours** for affordable prices! Visit the Students' Union building to buy student tickets: be quick, they run out quickly!

Make sure to always carry your **Student ID**, you never know when you can bang that **student discount!**



HALAL RESTAURANTS

You're going to be in uni for a while; why not explore the **endless** number of restaurants located along the famous **Curry Mile** (aka Wilmslow Rd) or found in **town**. There are so many cuisines to choose from!

A Solid Munch

Hungry and need a proper meal to fill you up for a decent price?

- **Al Jazeera** - Simple grilled food, massive portions, reasonable prices and stays open til 2am
- **Manjaros** - Fusion of African and Caribbean cuisine, make sure to check their Facebook for 2for1 deals
- **Hadramout** - Yemeni food with traditional arab sitting; great place to eat, relax and socialise

Cheeky Takeaways

On the way to the library and need something quick and on the go?

- **Floridas Fried Chicken** - Best chicken burger in manchester, no cap. Double chicken burger meal for just £5!
- **Archies** - Famous for its celebrity shakes, burgers and insta friendly location, you deffo have to check it out
- **UberEats** - Bored and want to stay at home? Just order online!!



For Dessert

Need a place to chill out with friends and satisfy your sweet tooth?

- **Black Milk** - In the centre of town, enjoy the quirky desserts this shop has to offer
- **Gelato Passion** - On the curry mile; enjoy waffles, cookie dough or milkshakes
- **Mr Knafah** - Arabic delights for good prices, peng desserts and a great place to buy gifts for friends and family

Cute Cafés

Want to try some coffee, have brunch or need a quiet place to study?

- **Evelyn's Café** - Found in the northern quarter, something the hipster side of you will enjoy; affordable and 100% halal!
- **Chai Latte** - Halal full english breakfast (another northern quarter gem)

HALAL FOOD

Sitting at the beginning of the **curry mile**, we are blessed to have **WorldWide Foods**.

Not only will you be able to buy **halal meat** here, you can also find all kinds of spices and seasonings to add to your own dishes. **#spiceupyourlife**

Worldwide it is also known for the having a huge variety of the freshest fruits and vegetables. In summer you will find delicious Pakistani mangoes!

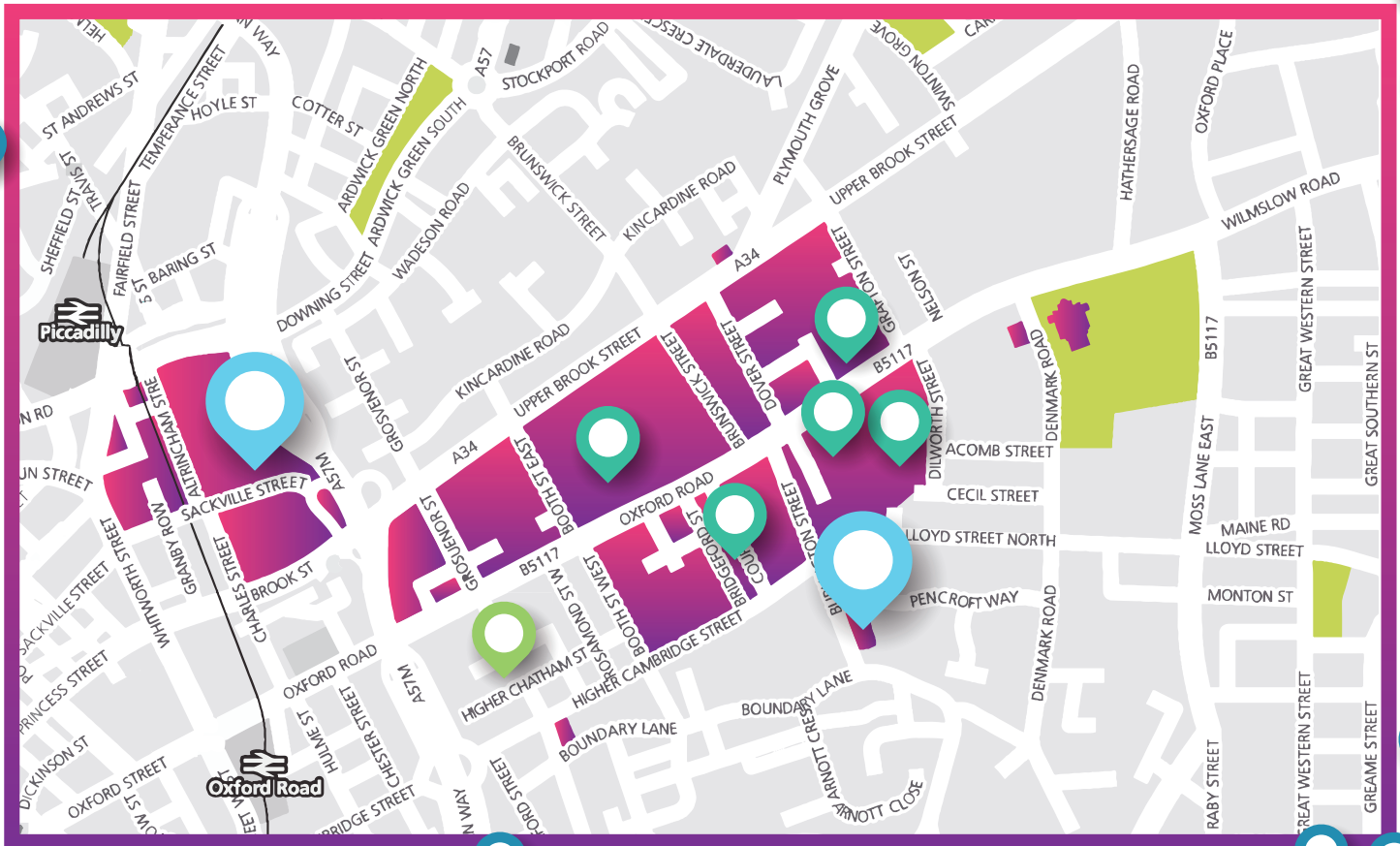
ISLAMIC MERCHANDISE

- Wilmslow Rd is the place for all your **islamic items**; whether you need a new prayer mat, islamic clothing, arabian perfumes, new books or even **halal sweets**, this is your go to street.
- We recommend looking at **Deen & Dunya**, **Islamic Life** or **World of Islam** (all along the famous curry mile!)



PRAYER SPACES

“Come to prayer.. Come to success”. Join us in our 5 daily congregational and weekly **Friday prayers**. There are many prayer spaces dotted across campus, however if you are unable to attend, there are many **local mosques** too!



South Campus McDougall's Prayer Hall

Burlington St, Manchester M15 6WP
Number 91 on campus map



North Campus Sackville Prayer Hall

Sackville Street Building (Basement), M1 3BU
Number 1 on campus map



Chaplaincy Quiet Room

First Floor of St. Peter's Chaplaincy
Number 32 on campus map



Ellen Wilkinson Building

Second Floor which is only accessible via the main entrance
Number 77 on campus map



Dental Hospital

Second Floor near the Dental common room
Number 41 on campus map



Stopford Building

Third Floor - Room 3.400
Number 79 on campus map



Students' Union Oxford Rd

Third Floor - Safe Space Room 4
Number 68 on campus map



MMU Cavendish North Prayer Room

All Saints Building, All Saints, Manchester M15 6BH



Mawlawi Kurdish Cultural Centre

Parsonage St, Manchester M15 5WD



Muslim Youth Foundation

27 Brick St, Clydesdale House M4 1DY



Masjid Ibrahim

39 Upper Lloyd St, Manchester M14 4HY



Masjid Omar Ibn El-Khattab

272 Dickenson Rd, Manchester M13 0YL



Masjid-E-Hidayah

19 Humphrey Rd, Stretford, Manchester M16 9DD



Shahjalal Mosque & Islamic Centre

1A Eileen Grove, Manchester M14 5WE



Al Furqan Islamic Centre

42 Great Southern St, Manchester M14 4EZ



Manchester Central Mosque - Victoria Park

20 Upper Park Rd, Manchester M14 5RU

Map Legend

-  Main UoM Prayer Hall
-  Extra UoM Prayer Rooms
-  MMU Prayer Room
-  Local Mosque

If you find yourself lost, there's no harm in asking Google for directions!

All prayer timetables are found on our website:
www.manchesterisoc.com

MCDOUGALL'S

McDougall's is the **student hub** for all muslims on campus. With recent refurbishment enjoy its **beautiful atmosphere** by coming down to pray, read Qu'ran, attend weekly classes, relax, study or eat with friends!



DIRECTIONS TO MCDOUGALL'S

A **5 minute** stroll through university campus

Start from the **Students' Union Building** and follow the **pink line** straight to the **prayer hall**

- Once a squash court, 20 years ago McDougalls was **renovated** to become one of the largest uni muslim prayer halls in the whole UK. Alhamdulillah ever since, the Islamic Society has been entrusted to look after the building and turn it into a **hub** that all **muslims on campus** can benefit from!

- **Five daily congregational prayers** led by our Imam Khabib, **weekly classes** and **2 weekly Friday Prayer** gatherings, McDougalls has developed into a space for intellectual growth and activity that **brothers and sisters** can use!



- Following a successful **fundraising campaign** in March 2019, McDougalls Prayer Hall has been redecorated with **bright turquoise carpets**, repainted and refurbished over summer ready for this year's intake of freshers! We have **kitchens** with fridges, microwaves and freezers. We have **lounges** with new sofas, desks and TVs. **This isn't just a prayer space, it's a social space!**



Burlington Street Entrance

ISOC LINK UP

- We will be holding a **weekly get together** in **McDougalls** for both **Brothers and Sisters** (segregated ofc) **every Friday**.
- Come along with your friends, instigate beneficial discussions and learn from one another! And to top all of that off, there's **video games, table tennis** and most importantly **food is provided!**
- Every Friday, be sure to come along to this **weekly halal sesh**. A gathering you don't want to miss. See you there inshallah!



The Messenger of Allah ﷺ said:

“Whoever **travels** a path in search of knowledge, Allah makes easy for him a path to **Paradise.**”



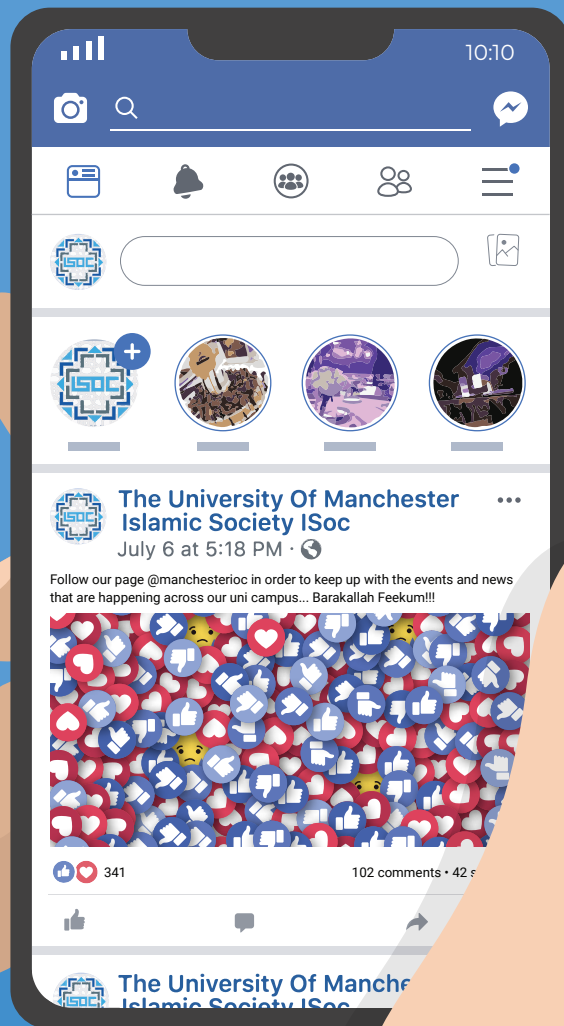
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#SunnahRatherThanLater

*Follow our socials in order to keep up with this campaign and help revive some of the forgotten sunnah!

SOCIAL MEDIA

To keep up with events and any updates from ourselves, be sure to add us on social media! Just find us on **@manchesterisoc** on all social media platforms including Facebook, Instagram, Twitter, YouTube and Snapchat!



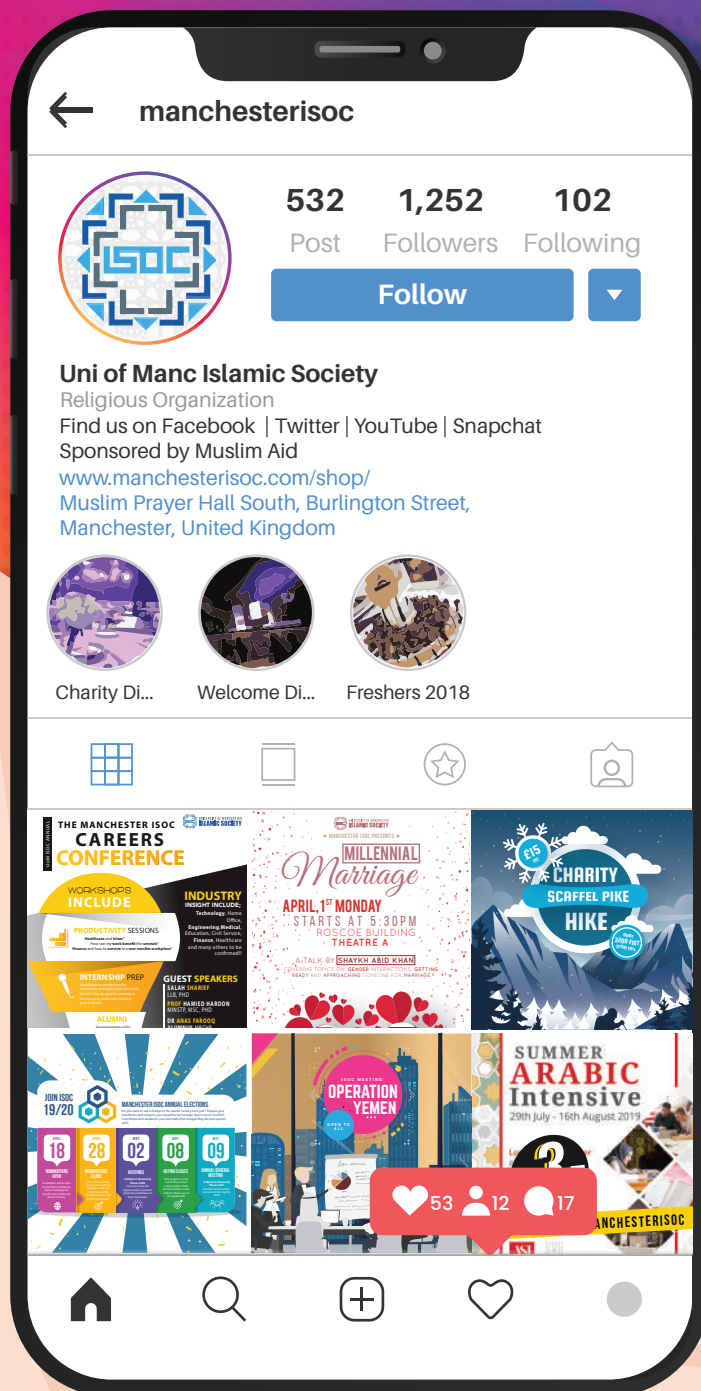
FACEBOOK

• Speak to one of our **committee members** to get added to one of our large segregated **WhatsApp groupchats!** If you haven't found one yet, just DM our insta page and we'll add you!!

• Also head to our website for more details on welcome week events, buy tickets for our events, check our prayer timetables and more.

(www.manchesterisoc.com)

INSTAGRAM



“SCAN OUR NAME TAG FOR INSTANT FOLLOW”



WELCOME WEEK

Meet **other freshers** at one of the many events we have lined up for you. Speak to as many people as you can, even if that means you need to get out of your **comfort zone!**

WEDNESDAY 18 SEPT

MEET & GREET SISTERS

MCDUGALLS 18:00-21:00

THURSDAY 19 SEPT

MEET & GREET BROTHERS

MCDUGALLS 18:00-21:00

TUESDAY 24 SEPT

MEET & GREET NORTH CAMPUS

For more information about our events, speak to a **committee member** at one of our fresher stalls and check out our **social media** (@manchesterisoc on all platforms).

Tickets can be purchased **online** on www.manchesterisoc.com

FRIDAY 20 SEPT

THE GREAT ISOC QUIZ

UNI PLACE THEATRE B 17:30-20:00

JUMM'AH PRAYERS

MCDUGALLS & SACKVILLE 13:15 & 14:15

SACKVILLE PRAYER ROOM
18:00-21:00

WEDNESDAY 25 SEPT

SISTERS PJ PARTY

MCDUGALLS 17:30-20:00

BROTHERS GO KARTING

MCDUGALLS TBC

TICKETS SOLD ONLINE

THURSDAY 26 SEPT

LECTURE - SO I GOT INTO UNI, WHAT NEXT?

ROSCOE THEATRE A
17:30-19:00

FRIDAY 27 SEPT

JUMM'AH PRAYERS

AS ABOVE

WEDNESDAY 02 OCT

WELCOME DINNER

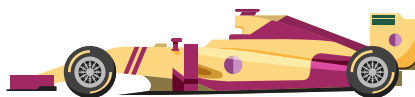
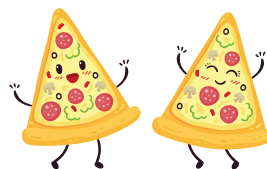
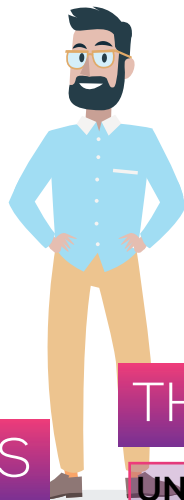
TICKETS SOLD ONLINE

ACADEMY 1 18:00-21:00

FRIDAY 04 OCT

STORY NIGHT

MCDUGALLS 18:30-21:00



SUPPORT

Some times it all gets a little too much! But if you feel like you're struggling, there's always a **helping hand**.

- The university has a professional counselling service, free to all students and staff. With a team of professional counsellors that have a wide variety and depth of experience in counselling they are able to offer support with anything from relationships to mental health.
- As well as this professional service, our ISoc committee are here to lend an ear. If you're facing any problems, feel free to approach any of our committee members, and we'll try to help in any way that we can! You can find them at events, in the prayer halls or walking around campus in their bright and unique desert sand hoodies!

Mohammed Ullah University Muslim Chaplain

Asalaamuailkum,

My name is Mohammed Ullah and I am the university chaplain for the Uni of Manchester and MMU. I would like to extend a warm welcome and salaam to all newcomers at the uni.

I have been a chaplain at the university for **six years** and studied **law (LLB)** and then **Arabic and Islamic Studies (BA)** at the university before becoming chaplain.

Through my passion for people and community I have endeavoured to **provide pastoral care, support** and be a **compassionate presence** on campus to students of all faith and none. I work alongside other faith chaplains, support services within the uni and closely with the ISoc to assist both students and staff. Chaplains offer a **confidential** and **non judgemental** service and a **safe space** to help navigate your time at university.

I will be around campus most days and will be based in McDougalls prayer hall **meeting room**. I will have a drop in time or you can contact me on **0161 247 3501** or book an appointment by emailing me on **mohammed.ullah@manchester.ac.uk**

I wish you all the best in your studies and I pray that Allah blesses your time here at university!



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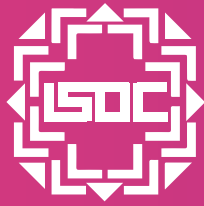


@Muslim_Aid

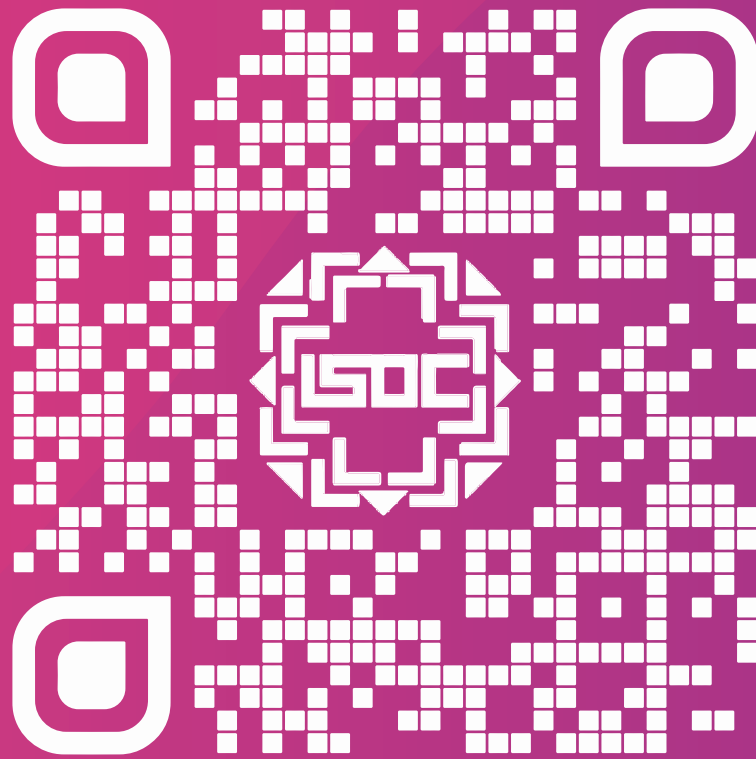


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SCAN TO VISIT WEBSITE

WWW.MANCHESTERISOC.COM



He found you lost and **guided**
you.

- The Quran 93:7

