

## Have you been volunteering in the Wrexham area?

### Share your story and photos with us!

This year is AVOW's 25th Anniversary - our Silver Jubilee - and in celebration we will be arranging an exhibition and book on volunteering in Wrexham area throughout the years.

Wrexham has a rich history and ethos of volunteering. Volunteers have helped to shape Wrexham life, society and the whole area itself.

### Tell us your story, share your experience!

- Have you ever been involved in a volunteer project or given up your time to make a difference in Wrexham County Borough?
- Do you have any photographs, artefacts, poems or stories about these events?
- Are you a keen local historian willing to share information or a Wrexham community member with a story to tell?
- Do you live in Wrexham County Borough or have you ever volunteered here?

No matter how long ago it was. Please share with us how you have helped to make a difference to the region and people who live here through volunteering. Please share your story and experience, contact us through an email [john.ellis@avow.org](mailto:john.ellis@avow.org) or call **01978 312556**.



Follow @AvowWrexham



Making a Difference Together for the last 25 years

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## Ydych chi erioed wedi gwirfoddoli yn Wrecsam?

### Rhannwch eich storïau a'ch lluniau efo ni!

Eleni mae Avow yn dathlu 25 mlynedd - ein Jiwbilî Arian - ac mi fyddwn ni'n cynnal arddangosfa ac yn cynhyrchu llyfryn ar hanes gwirfoddoli yn Wrecsam a'r fro.

Mae gan Wrecsam hanes hir o wirfoddoli yn ogystal ag ethos gwirfoddoli cryf. Heb amheuaeth mae gwirfoddolwyr wedi effeithio ar fywyd a chymdeithas Wrecsam a'i thrigolion.

### Dywedwch eich hanes a rhannwch eich profiad!

- Ydych chi wedi bod yn rhan o brosiect gwirfoddol neu wedi rhoi eich amser i wneud gwahaniaeth ym Mwrdeistref Sirol Wrecsam?
- Oes gennych chi luniau, arteffactau, cerddi neu storïau am y digwyddiadau yma?
- Ydych chi'n hanesydd lleol brwd ac arnoch eisiau rhannu'ch gwybodaeth neu efallai eich bod yn byw yma ers blynyddoedd a chennych chi stori i'w hadrodd?
- Ydych chi'n byw ym Mwrdeistref Sirol Wrecsam neu ydych chi erioed wedi gwirfoddoli yn yr ardal?

Dim ots pa faint amser sydd wedi mynd heibio - dywedwch wrthym ni sut y bu i chi wirfoddoli a gwneud gwahaniaeth i'r ardal a'i thrigolion. Rhannwch eich stori a'ch profiad gyda ni drwy gysylltu â [john.ellis@avow.org](mailto:john.ellis@avow.org) neu ffonio **01978 312556**.



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Gwneud gwahaniaeth gyda'n gilydd ers 25 mlynedd

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Rhif Cofrestru'r Elusen 1043989  
Rhif Cwmni Cyfyngedig drwy Warant 2993429



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