



#### **Recent Events**







#### True Access membership costs £10 per year

Members of True Access will receive the agenda for all events and activities in advance, giving you first choice on chosen activities.

Our activities and events normally run during the school holidays or on weekends, we occasional will have activities during the week.

If you need one to one support you will need to organise this yourself.

If you bring your own support staff with you, we will let you know how much they need to pay.

Usually carers gain free access to many attractions.

You need to pay for your chosen activities at the time of booking.

We can't keep places open without payment. If paying in advance is a problem for you please let us know.

Local Authority Direct Payments are accepted.

Please call us if you have any questions - 07946897995





Please see attached True Access activities list for **January - May 2019**, further activities and club night's may be added at a future date – you will be notified.

The deadline for booking all activities are THREE weeks before the activity takes place unless stated otherwise as some activities have to be paid beforehand to secure booking, please still book in advance to be sure you have a place on your chosen activity.

Please note that all booked activities should be paid for in advance. However, please contact us as soon as possible if payment in advance is difficult for you as we may be able to spread out the payments.

We will send the information for the chosen activity to you a few days before each activity takes place giving you the exact details.

To confirm your chosen activity simply email, call or text us with your full name and the activity you wish to participate in. Please note these activities are only for True Access members if you are not a member yet you will need to complete a form to join.

If you need one to one support, you will need to arrange this yourself. The ratio is normally 4/5 clients to every one member of staff.



Date	Time	Activity	Meeting Point / Venue	Cost
Monday 18 <sup>th</sup> February	12.30pm - 6pm	Bowling and Lunch at the 02  Join us on our incredibly popular lunch and bowling day out this time at the 02! Our bowling events also consist of playing arcade games, socialising and of course, a competitive game of bowling!	Richmond station	£48
Thursday 21 <sup>st</sup> February	1pm	Motown the Musical  Motown breaks free of the normal constraints of a jukebox musical. It is a joyous, exuberant celebration of life, of challenge and ultimately of success. It is a joyous, exuberant celebration of life, of challenge and ultimately of success.	Richmond station	£40
Friday 22 <sup>nd</sup> February	TBC	Coral Reef Water Park  The Coral Spa (for adult 18yrs+) is the perfect place to relax, unwind and indulge yourself. With three saunas to choose from, a Japanese steam room, cool pool, spa pool and heated sun loungers, it's the perfect place to get away from it all and just relax. If you've had enough of relaxing, however, included in the ticket is use of the pools and Giant Water Slides, which you can enjoy.	Richmond Station	£25



Date	Time	Activity	Meeting Point / Venue	Cost
Saturday 23 <sup>rd</sup> February	5pm	Below Zero Ice Bar  The UK's only permanent ice bar and one of London's most unique and iconic venues. Signature ice cocktails are served at -5°C and guests are kitted up in thermal capes and gloves to keep toasty.	Richmond station	£30
Saturday 9 <sup>th</sup> March 2019	2pm-6pm	Flip Out Trampoline park  The Trampoline park is yours to explore for an hour! With trampolines, obstacle course, foams pits, dodge ball, jumping runway and airbags! Phew, we're out of breath just saying all that.  Free jumping is a great and fun way to exercise.	Richmond station	£20
Monday 11 <sup>th</sup> March	6pm	Nicki Minaj  Live at the 02!  Minaj has been referred to as the "Queen of Rap" on several occasions and has been considered to be one of the most influential female rap artists. In 2012, a New York Times editor said that some consider her to be "the most influential female rapper of all time"	Richmond Station	£50 Limited space



Date	Time	Activity	Meeting Point / Venue	Cost
Saturday 23 <sup>rd</sup> March	TBC	Cabaret with Dinner  This spring The London Cabaret Club moves into their new, permanent residence at the iconic Bloomsbury Ballroom, and welcomes guests with a new show. The show will see everything from the freedom days of the 60s and 70s, through London's punk movement in the 80s and Britpop's legacy of the 90s, up until a collection of today's leading anthems. When the show is over, a DJ will take over to open up the dance floor for those ready to rock!	Richmond station	£35
Saturday 30 <sup>th</sup> March 2019	1pm	Cupcake Making  Beginner bakers can learn the art of decorating cupcakes. Under an experienced instructor, students will use a variety of techniques to top six cakes with buttercream frosting. Cupcakes can be then finished with an array of edible decorations before being boxed up to take home!	Richmond station	£25
April TBC		Stand Up Comedy Night  Laughs and drinks at one of London's funniest stand up nights!  Details	Richmond Station	£25



Date	Time	Activity	Meeting Point / Venue	Cost
Friday 5 <sup>th</sup> April-Sunday 7 <sup>th</sup> April <b>TBC</b>	12pm	Glamping Glamping is where stunning nature meets modern luxury. It's a way to experience the untamed and completely unique parts of the world—without having to sacrifice creature comforts. TBC	Richmond station	£220
Tuesday 10 <sup>th</sup> April 2019	3pm	Puttshack Minigolf  The world's only "super-tech" mini-golf centre with 4 courses and a 750-seater bar. A mini-computer equipped with new tracking technology will be embedded in each ball and screens will show video highlights.	Richmond station	£20
Saturday 13 <sup>th</sup> April	TBC	Fundraising TALENT SHOW  Come and showcase your talent at our upcoming show where all our members skills can be featured! With an afterparty to follow	Exchange	ТВС



Date	Time	Activity	Meeting Point / Venue	Cost
Sunday 14 <sup>th</sup> April 2019	6pm	Dream Boys Live Tour  The Dreamboys are the UK's top male glamour show, perfect for a girlie night out! Their showcase is unquestionably the most famous male stripper act the UK has ever produced.	Richmond station	£25
Tuesday 16 <sup>th</sup> April 2019	5pm	Bellydancing Class Experience  Bellydancing is a fun and sassy way to get fit. As well as the physical benefits, the combination of music and exercise can really help to lift your mood.	Richmond station	£10
Monday 6 <sup>th</sup> May	1pm	Studio Recording  Get the chance to create your own track. For all budding popstars to come and have their time to shine. Take your completed CD home to show friends and family what you have created!	Richmond station	£25



Date	Time	Activity	Meeting Point / Venue	Cost
Wednesday 29 <sup>th</sup> May Half term	12pm	Spice Girls  Live at Manchester Stadium, STOP RIGHT NOW, the speculation is over! Get ready to SPICE UP YOUR LIFE! Two decades after the Spice Girls revolutionised the 90's pop landscape - Emma, Mel B, Melanie C and Geri WANNABE back together on tour! We will be staying over night in Manchester in a 4* hotel and taking train up there.	Richmond station	£155 Includes Concert, hotel breakfast train ticket
Thursday 31 <sup>th</sup> May	1pm	Airsoft Shooting Range Day  Come and test your aim at our shooting range experience. Details TBC.	Richmond station	£20
Saturday 2 <sup>nd</sup> June 2019	ТВС	Cinema & Dinner	Richmond station	£48 Inc. meals and drinks
Monday 17 <sup>th</sup> June 2019	6pm	Backstreet Boys In 2019, Backstreet Boys will set off on the "DNA World Tour" - their biggest arena tour in 18 years. Over the course of three months, the guys will perform all over Europe and North America, headlining The O2 on Monday 17 June 2019.	Richmond station	£50 Limited Spaces

# **Limitless Adult Hub**



 A conference room where young adults can take part in movie nights, group games and learn things, such as drama, life skills etc. For enquiries please contact:

Winnie: 07946897995 Email: info@trueaccess.co.uk www.trueaccess.co.uk

# Tenerife 2019 Holiday

Enjoy 5 nights at the end of July/ beginning of August TBC, in the party town of Playa de las Américas in Tenerife....Beach life, clubbing, sightseeing, delicious food and plenty of fun activities for everyone.

Price: £999

Approximately includes: Flights, accommodation, transfers, breakfast, dinner and entrance into clubs/ beach parties.

Sounds interesting? If you want to be one of the young adults joining us on this trip please fill the application form and return the completed form with a deposit of £250 ASAP to secure a place.

Have no fear, you will be accompanied by 8 of the True Access staff.

Before we go: True Access will be holding informal meetings for those travelling with us. We will be discussing what to bring, behaviour, expectations and health and safety. This will also provide an opportunity to meet and get to know the people you will be travelling with, if you don't already know them.

You must have a valid British Passport, European Health Insurance Card and valid travel insurance to cover the duration of trip. True Access can assist you with these if necessary.

A variety of drinks including alcohol will be available throughout this trip. Please be aware that for your safety and the safety of others, staff will be monitoring the amount of alcohol consumed. We also adhere to a zero tolerance drug policy. For those lucky people travelling with us, we will be visiting you all at home to complete risk assessments and answer any queries you may have.

It will be possible to pay in instalments for this trip. If you do not have the funds at the moment, please check out the below list of charities that may be able to fund part of your holiday. You may also be able to get funding support from your Social services via Direct Payments please discuss with your social worker.

 $For those \ living \ in \ the \ borough \ of \ Richmond... \ http://e-voice.org.uk/friends of normans field$ 

For those living in the borough of Barnes... http://www.barnesworkhousefund.org.uk

Anyone can apply... http://www.3hfund.org.uk/grants True Access will also be fundraising for all the volunteers travel expenses.

This holiday is exclusive to True Access members. Please contact us for a copy of the membership form (additional fees apply).