

# Chapter

positive about mental health

## Annual Report 2015 - 2016



## Administration Details

### Registered Office until December 2016

Queens House, Queens Road  
Chester, Cheshire CH1 3BQ  
T: 01244 344409  
www.chapterwestcheshire.org

### Registered Office from December 2016

Stanlaw Abbey Business Centre  
Dover Drive, Ellesmere Port CH65 9BF  
T: 01244 344409  
www.chapterwestcheshire.org

### Description of charity's objective

To promote the benefit of persons who had or have had mental health problems in particular through the provision of education and training services.

### Trustees

John Dunkerley (Chairman)  
Paul Moores  
Audrey Williamson  
Rob Storey  
Emma Rees  
Colin Jones  
Martyn Delaney  
Tom Parry  
Co-opted Trustees  
Nina Landry  
Mike Morrissey  
Company Secretary  
Paul Moores

### Other relevant organisations

#### Independent Examiner

Mitchell Charlesworth LLP  
24 Nicholas Street  
Chester Chester CH1 2AU

#### Bank

HSBC  
47 Eastgate  
Chester CH1 1XW

#### Insurers

Risk Services (NW) Ltd  
141 Boughton  
Chester CH3 5BH

## Who we are

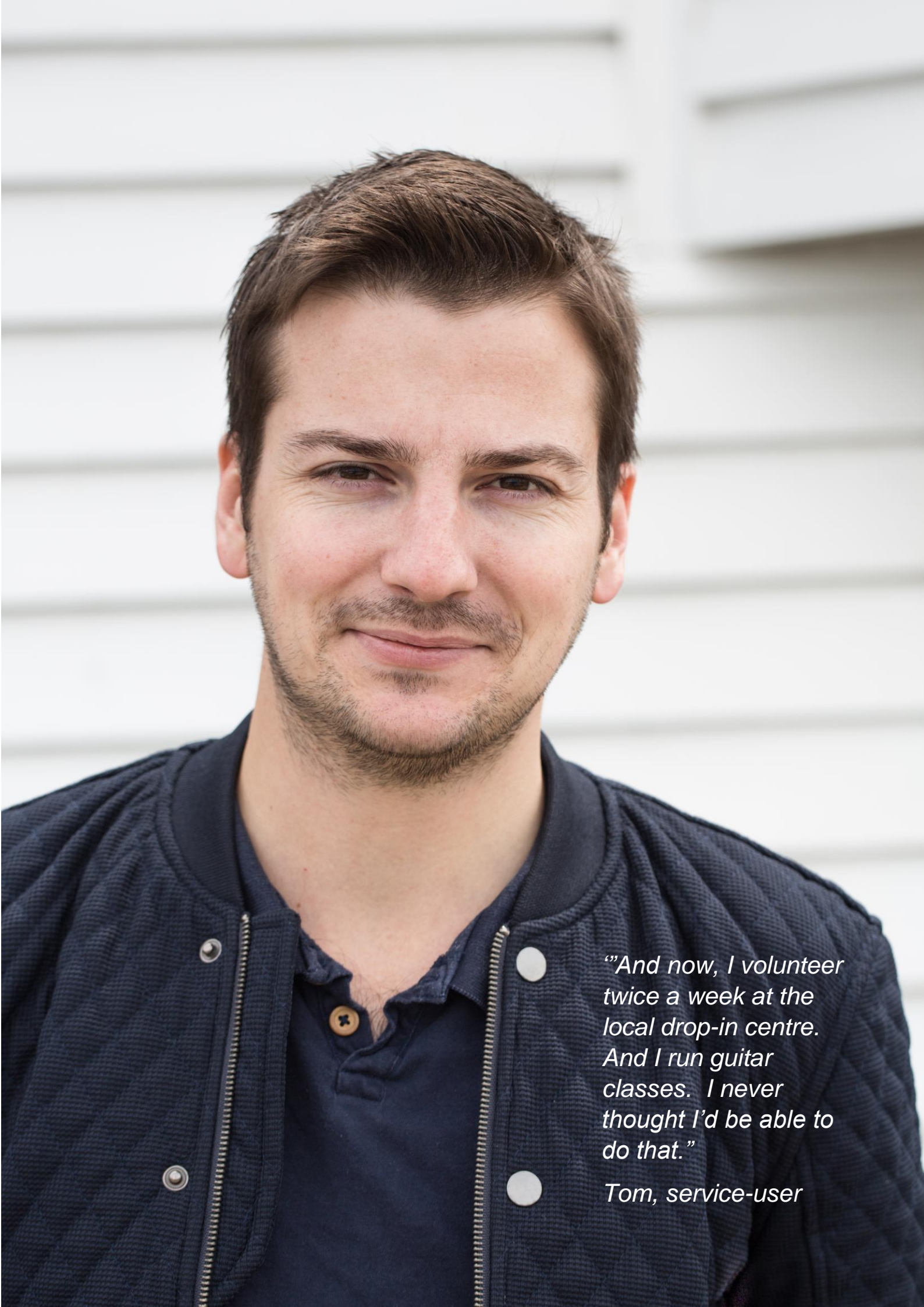
Chapter (West Cheshire) is a registered charity working with people aged 16+ who are struggling to maintain good mental health. We provide a tailored pathway of support, enabling the individual to:

- Achieve better mental health
- Feel more confident
- Have goals for the future.

We serve the whole of the Cheshire West area and actively work with around 120 people every year. We are proud to be in our 25<sup>th</sup> year of operation.

Individuals are referred to us from clinical or medical professionals such as psychiatrists and family GP's. We provide our services for free, and the average individual stays with us for 2.7 years.

We employ 3 full-time staff, and five part-time staff (totalling the equivalent of 5.5 full-time staff) and in the last 12 months had the valuable support of 73 volunteers. Chapter commits to actively engaging with and training volunteers from the local community to help us to support our service-users and to reduce the stigma that surrounds mental ill-health in our communities. In addition, we have firm plans to offer develop more of our activities as peer led.



*“And now, I volunteer twice a week at the local drop-in centre. And I run guitar classes. I never thought I’d be able to do that.”*

*Tom, service-user*

This year we have...

actively supported **89** service-users, helped **3** people into **work**, undertaken an **audit** of service user **satisfaction**, maintained its **lawn cutting** and **gardening service** for **125** elderly and **disabled** people, undertaken a comprehensive **review** of services, made changes to the staff team structure, secured repeat **funding** from the **local CCG** and planned the implementation of **3 new posts**.

*“I don’t know what it is with Chapter, but slowly, slowly I’ve turned my whole life around and most of that is down to Wendy my key worker, for having the time just to say ‘how are you feeling?’”*

*Mike, service-user*



## **What we plan to do next**

### **PLANS FOR THE FUTURE**

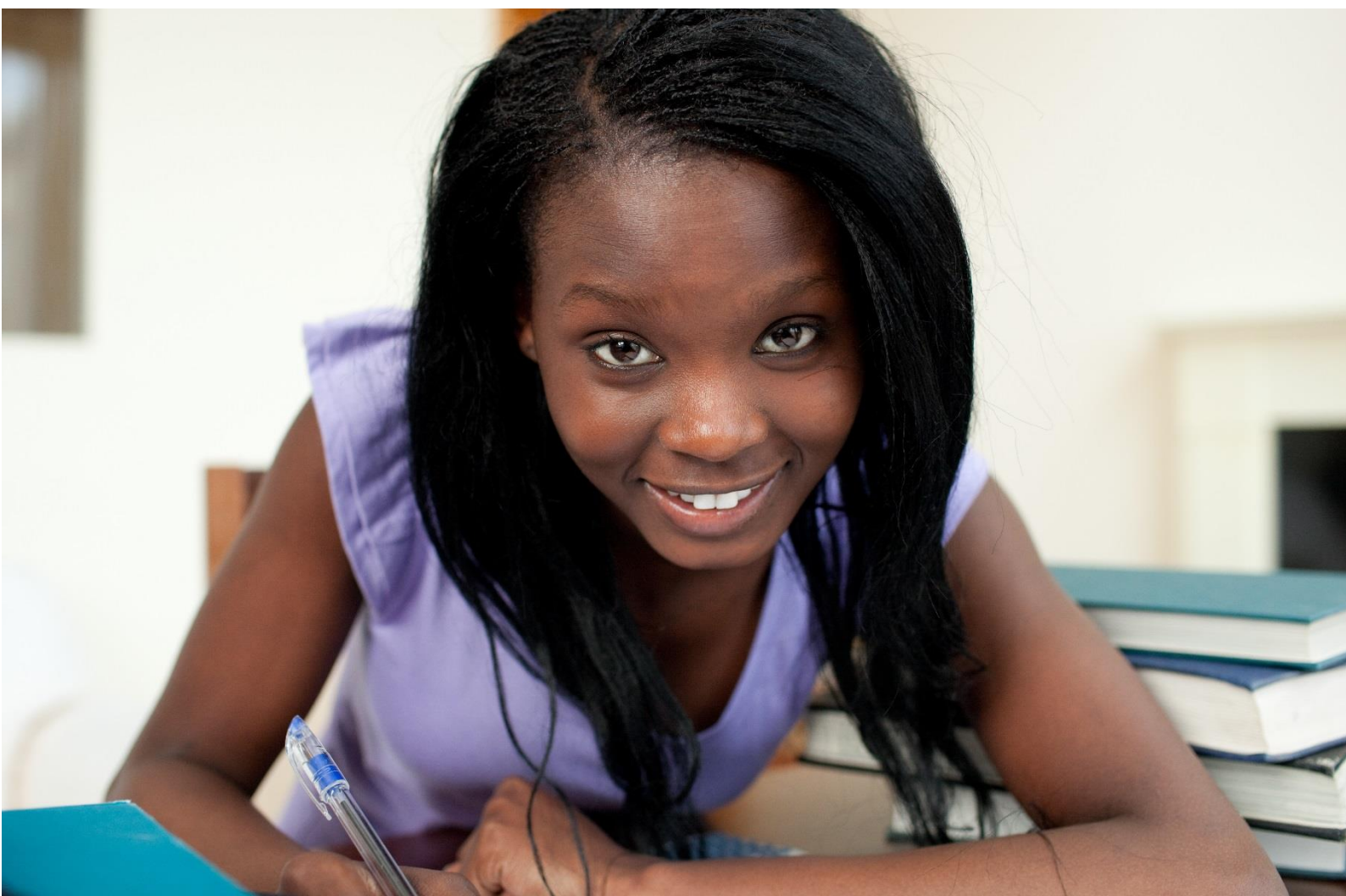
Each year the Management Committee sets itself some plans or agrees actions for the future.

#### **Plans for 2016/17 include:**

- Appointing a new Chief Officer
- Make improvements to Chapter's website and supporting marketing resources to reflect the knowledge and professionalism of Chapter's services and promoting their use by all our stakeholders and potential funders and clients
- Review the scope of service-user activities and seek ways to increase the number of beneficiaries of these activities amongst Chapter clients and the wider community
- Harness a wider range of funding sources through improved fundraising, marketing and partnerships
- Provide a staff pension scheme that complies with the requirements of auto enrolment and meet all our regulatory responsibilities by our staging date of 1<sup>st</sup> April 2016.

*“2016 has probably been one of the best years of my life because through Chapter I did the mentoring course in December last year and then Chapter gave me the opportunity to do the volunteer mentoring with them and I’ve had my first mentee which has been a big success.”*

*Mandy, service-user*





CHAPTER (WEST CHESHIRE) LIMITED

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2016

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	Unrestricted funds £	Restricted funds £	Total 2016 £	Total 2015 £
<u>Income from:</u>				
Donations and legacies	72,840	74,445	147,285	142,201
Charitable activities	10,071	-	10,071	11,977
Investments	595	-	595	571
Total income	83,506	74,445	157,951	154,749
<u>Expenditure on:</u>				
Charitable activities	97,630	67,604	165,234	155,973
Net (expenditure)/income for the year/ Net movement in funds	(14,124)	6,841	(7,283)	(1,224)
Fund balances at 1 April 2015	<u>145,473</u>	<u>8,078</u>	<u>153,551</u>	<u>154,775</u>
Fund balances at 31 March 2016	<u>131,349</u>	<u>14,919</u>	<u>146,268</u>	<u>153,551</u>

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CHAPTER (WEST CHESHIRE) LIMITED

**BALANCE SHEET**

YEAR ENDED 31 MARCH 2016

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	2016		2015	
	£	£	£	£
Fixed assets				
Tangible assets		2,116		1,217
Current assets				
Debtors	3,720		12,595	
Cash at bank and in hand	<u>162,060</u>		<u>154,176</u>	
	165,780		166,771	
Creditors: amounts falling due within one year	<u>(21,628)</u>		<u>(14,437)</u>	
Net current assets		<u>144,152</u>		<u>152,334</u>
Total assets less current liabilities		<u>146,268</u>		<u>153,551</u>
Income funds				
Restricted funds		14,919		8,078
Unrestricted funds		<u>131,349</u>		<u>145,473</u>
		<u>146,268</u>		<u>153,551</u>

## **Our Supporters**

Chapter is delighted to receive funding and voluntary support from the following organisations and groups. We thank you for helping us deliver our work.

Cheshire West and Chester Council

Cheshire and Wirral CCG

The Westminster Foundation

Cheshire Community Foundation

Workers Educational Association (WEA)

Chapter (West Cheshire) Limited is a registered charity (No. 1072395) and as a company limited by guarantee (No. 3294547). It is governed by its Memorandum and Articles of Association dated 19th December 1996.