| Menu Week 1 | Breakfast | Lunch | Lunch Dessert | Evening Meal |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Roast Chicken Breast <br> Or <br> Steak \& Ale pie Mashed Potatoes Mixed vegetables | Homemade Egg Custard | Selection of Sandwiches Spam or Salmon Yoghurts <br> Cake selection |
| Tuesday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Chicken Breast Or <br> Chicken Curry <br> Brown Rice Creamed Potatoes French beans Sweetcorn | Banana Splits | Homemade Leek \& Potato Soup <br> Cheese \& Biscuits <br> Strawberry Mousse |
| Wednesday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Gammon \& Cheese sauce Or <br> Fish \& Parsley sauce Cauliflower \& Broccoli gratin | Warm Black Cherry pie Custard | Fruit Juice Or Creamed Mushrooms <br> Fruit loaf Teacakes <br> Sherry Trifle |
| Thursday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Shepard's Pie Runner beans Carrots Or Tuna Pasta Bake Salad | Bread \& Butter Pudding Custard | Spaghetti <br> Or <br> Scrambled Egg on Toast <br> Strawberry Mousse <br> Cake selection |
| Friday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Scampi <br> Or <br> Egg \& Chips <br> Petis Pois <br> Tartar Sauce | Profiteroles \& Cream | Open bread Rolls with various fillings <br> Strawberry Ice cream <br> Cake selection |


| Saturday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Sausage or Fish Fingers <br> Cheese \& Potato <br> Pie <br> Mixed <br> Vegetables <br> Baked Beans | Key Lime Pie | Selection of Sandwiches Ham or Jam <br> Fruit Cocktail <br> Cake Selection |
| :---: | :---: | :---: | :---: | :---: |
| Sunday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Roast Topside of Beef or Chicken Fillets Yorkshire pudding Roast Potatoes Mashed Potatoes Cauliflower Cheese Carrots | Eve's Pudding Custard | Melon Cocktail <br> Selection Sandwiches Chicken or Cheese <br> Cake selection |
| Mid morning everyday: Afternoon Tea everyc <br> Tea, Coffee, Hot Chocolate Tea, Coffee, Biscuits or <br> Biscuits or Fruit An assortment of Cake |  |  |  |  |
| Supper <br> Hot or Cold Drinks <br> Sandwiches or Cheese \& Biscuits <br> Cooked breakfasts are available <br> Menus are subject to change |  |  |  |  |


| Menu Week 2 | Breakfast | Lunch | Lunch Dessert | Evening Meal |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Cottage Pie with Cheese Topping Or <br> Breaded Fish <br> Portion <br> Sliced Green beans Mashed Swede | Pear \& Hazelnut Flan Custard | Omelette with Salad garnish <br> Mandarins Cream <br> Cake selection |
| Tuesday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Char grilled Chicken Breast Or <br> Chicken Fillets Boiled Potatoes Broccoli Sweetcorn | Jam Sponge Custard | Homemade Soup Vegetable <br> Selection of Sandwiches Prawn or salad <br> Cream Slices |
| Wednesday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Roast leg of Pork Apple sauce Or <br> Chicken Breast <br> Roast potatoes Mashed Potatoes Cabbage Cauliflower | Treacle Roly Poly Sponge Custard | Selection of Sandwiches Beef Cheese <br> Fresh Fruit Salad Cream <br> Cake selection |
| Thursday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Sausage Casserole Mashed Potatoes Mashed Parsnips French beans Or <br> Cheese <br> Salad | Apple Meringue Pudding | Scrambled Egg on Toast Tomatoes on Toast Orange Jelly Cake selection |
| Friday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Salmon Fillet with Hollandaise sauce <br> Or <br> Cold Meat <br> Farmhouse mixed <br> Vegetables <br> Croquette potatoes <br> Tinned potatoes | Baked Rice Pudding | Selection of Sandwiches Cream Cheese \& Cucumber Turkey <br> Crème caramel <br> Scones \& Jam |


| Saturday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Turkey \& Leek Pie Or <br> Fish <br> Mashed Potato <br> Petis Pois <br> Broccoli | Banana \& Custard | Selection of Sandwiches Tuna \& Mayo Ham Tomato Garnish <br> Peaches \& Cream <br> Cake selection |
| :---: | :---: | :---: | :---: | :---: |
| Sunday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Roast Chicken Savoury Stuffing Roast Potatoes Creamed Potatoes Brussel Sprouts Carrots | Tiramisu | Pate \& Melba Toast <br> Corned Beef \& Egg Salad <br> Corned Beef or Egg Sandwiches <br> Cake selection |
| Mid morning everyday: Afternoon Tea everyd <br> Tea, Coffee, Hot Chocolate Tea, Coffee, Biscuits or <br> Biscuits or Fruit An assortment of Cake <br> A selection of cold drinks, fruit juices \& water are  <br> available throughout the day  |  |  |  |  |
| Supper <br> Hot or Cold Drinks <br>  <br> Biscuits <br> Cooked breakfasts are available <br> Menus are subject to change |  |  |  |  |


| Menu Week 3 | Breakfast | Lunch | Lunch Dessert | Evening Meal |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Omelette <br> Fried Egg <br> Chips or Mash <br> Salad <br> Peas | Jam Roly Poly Sponge Custard | Fish Fingers Baked Beans Beans on Toast <br> Fruit Cocktail Cream <br> Cake selection |
| Tuesday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Somerset Pork <br> Casserole <br> Creamed Potatoes <br> Broad Beans <br> Cabbage <br> Or <br> Cheese \& Onion <br> Quiche <br> Salad | Fruit of the Forest Cheesecake | Sardines <br> Spaghetti on Toast <br> Choc Ices <br> Cake selection |
| Wednesday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Steak Pie <br>  <br> Potato Pie <br> Leeks Broccoli | Stewed Apples Custard | Bacon <br> Stewed Tomatoes Hash Browns <br> Lemon Fruit mousse <br> Cake selection |
| Thursday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Coated Chicken Creamed Potatoes Carrots Sweetcorn Or <br> Chicken Curry Rice | Chocolate \& Orange Sponge Custard | Open Bread Rolls <br> Cheese <br> Egg \& Cress <br> Pickles <br> Crisps <br> Fruit Trifle Dream Topping <br> Cake selection |
| Friday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Fish in Breadcrumbs Mash Potatoes Peas Or <br> Macaroni Cheese | Banana Cream Flan | Melon Cocktail <br> Selection of <br> Sandwiches <br>  <br> Stuffing Salad <br> Arctic Roll |



| Menu Week 4 | Breakfast | Lunch | Lunch Dessert | Evening Meal |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Minced Steak <br> Creamed Potatoes <br> Mashed Swede <br> Sliced beans <br> Or <br> Chilli Con Carne | Blackcurrant Sponge Custard | Smoked <br> Haddock Kippers <br> Bread \& Butter <br> Mango Sorbet <br> Cake selection |
| Tuesday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Sausage Onion Gravy Mashed Potato Broccoli Cauliflower Or Prawn Salad | Apple Crumble Cream | Chicken Soup <br> Selection of <br> Sandwiches <br> Spam <br> Tuna <br> Chocolate Eclairs |
| Wednesday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Roast Turkey Stuffing Roast \& Boiled Potatoes Sprouts Carrots Or <br> Fish | Semolina Jam Sauce | Tomato or Poached Egg on Toast <br> Orange Jelly Cream <br> Cake selection |
| Thursday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Beef Hot Pot <br> Potato Mash <br> Cabbage <br> Peas <br> Or <br> Fish <br> Sweet Potato | Pineapple Upside Down Cake Custard | Cheese \& Potato Pie Baked Beans <br> Pears \& Cream <br> Cake selection |
| Friday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Fish Pie Chips <br> Or <br> Cold meats Mixed Vegetables <br> Homemade Fish Cakes | Treacle Roly Poly Custard | Salmon or Beef Cobs <br> Raspberry Ripple Slice <br> Cake selection |


| Saturday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Chicken Pie Or <br> Fish <br> Creamed Potatoes <br> Whole Green <br> beans Leeks | Peaches \& Custard | Selection of Sandwiches Ham Cheese <br> Raspberry Mousse Slice |
| :---: | :---: | :---: | :---: | :---: |
| Sunday | Cereals <br> Porridge <br> Eggs <br> Toast <br> Jam or Marmalade <br> Fresh fruit <br> Tea or Coffee | Roast Pork <br> Crackling <br> Stuffing <br> Apple Sauce <br> Roast Potatoes <br> Mashed Potatoes <br> Sliced Carrots <br> Broccoli | Black Forest Gateaux | Corned Beef Salad <br> Sandwiches Corned beef Cream Cheese <br> Fruit Cocktail <br> Cake selection |
| Mid morning everyday: Afternoon Tea everyc <br> Tea, Coffee, Hot Chocolate Tea, Coffee, Biscuits or <br> Biscuits or Fruit An assortment of Cake |  |  |  |  |
| Supper <br> Hot or Cold Drinks <br> Sandwiches or Cheese \& Biscuits <br> Cooked breakfasts are available <br> Menus are subject to change |  |  |  |  |

